

How To Make Your Innergize Drink:





- Mix with cold water or any juice drink using a glass or shaker cup.
- 2 Close the lid tightly and shake it up or stir until the powder has dissolved.
- Best taken twice a day, one shake in the morning and another in the afternoon or evening. May be taken in combination with other Reliv products.



While Innergize! is an excellent fluid replacement drink, it is also a great tasting nutritional drink for use during normal and low activity periods. Innergize may also be combined with other Reliv products for added nutritional benefits.

Innergize!® Orange & Lemon Consumer Information Panel

Serving Size: 1 Scoop (19g)	Servings per Can 28
	per serving
Energy	70 kcal
Total Fat	0 g
Cholesterol	0 mg
Sodium	50 mg
Potassium	60 mg
Total Carbohydrates	17 g
Dietary Fibre	0 g
Sugars	14 g
Protein	0 g
Vitamin A	300 IU
(100% as beta carotene)	
Vitamin C	60 mg
Calcium	100 mg
Iron	2 ma

Vitamin C	60 mg
Calcium	100 mg
Iron	2 mg
Niacin	4 mg
Magnesium	40 mg
Zinc	4 mg

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Beta Carotene, Potassium Citrate, Sodium Chloride, Ascorbic Acid, Magnesium Oxide, Sunflower Oil, L-Glutamine, Optizinc® Brand of Zinc Monomethionine, L-Carnitine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

Contains permitted food conditioner and flavors.

ملاك الله



Innergize!® is a product of Reliv International, Inc. P.O. Box 405, Chesterfield, MO63006-0405 Made in U.S.A.

Distributed By:



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hydrates, invigorates, and repairs your body



Nutrition made simple, life made rich.