



*Get healthier. Live happier.*



PRODUCTS





## High-Quality Hemp Extracts You Can Trust

### What are the health benefits of hemp?

The health benefits of hemp extract are numerous!

- Stress relief
- Reduces inflammation related to exercise and activity
- Promotes healthy aging, healthy cells and healthy skin
- Supports your immune system, heart health and digestive health

Organically Grown	Non-GMO	Third-Party Tested & Verified	30-Day Money-Back Guarantee
✓	✓	✓	✓





## RLV Hemp Extracts

Stress relief · Promotes healthy skin · And so much more

"I can't believe how much more calm and focused I am with RLV. I also was completely surprised at how quickly I get relief from headaches."

— Elizabeth H.

### Help Your Body Restore Itself Naturally

CBD and phytocannabinoids "re-excite" your Endocannabinoid System (ECS) to naturally support good health.

### It Helps Support Healthy Aging and Healthy Cells

- Protect against the harmful effects of stress and pathogens
- Support your cellular health and immune health year round

### It Helps Manage Stress

Support or maintain:

- Feelings of calm and focus
- Management of everyday stress
- Improved mood

### It Helps Support Sleep

- Promotes healthy sleep cycles
- Promotes a restful night's sleep

### It Helps Address Discomfort

- Cannabinoids from hemp extract interact with your ECS by exciting the CB1 and CB2 receptors into their natural functions



## RLV Protect Hemp + LunaRich X™

The only hemp extract product available with lunasin! Support healthy aging and healthy cells with the power of 6 LunaRich X capsules in 1 dropper! This broad spectrum formula promotes rapid recovery and reduces inflammation related to exercise and activity. Tastes great with a peppermint blast flavor.

\$110 \$3.67/serving #94032

[reliv.com/p/rlv-protect-hemp-lunarichx](https://reliv.com/p/rlv-protect-hemp-lunarichx)



## RLV Hemp Isolate 750 mg

This phytocannabinoid-rich tincture contains 750 mg of isolated pure CBD extracted from organically-grown hemp, combined with heart-healthy MCT oil. Guaranteed THC-free. Sweet mint flavor.

\$100 \$3.33/serving #94021

[reliv.com/p/rlv-hemp-isolate-750](https://reliv.com/p/rlv-hemp-isolate-750)



## RLV Hemp Full Spectrum 500 mg

Our full spectrum hemp extract tincture contains 500 mg of phytocannabinoids, including CBD, CBC, CBG, CBG-A, CBC-A, and CBN, along with plant terpenes and flavonoids. Organically-grown hemp. Sweet mint flavor.

\$80 \$2.67/serving #94022

[reliv.com/p/rlv-hemp-full-spectrum](https://reliv.com/p/rlv-hemp-full-spectrum)



## RLV Hemp Full Spectrum 750 mg

Our highest strength full spectrum hemp extract tincture contains 750 mg of phytocannabinoids, including CBD, CBC, CBG, CBG-A, CBC-A, and CBN, along with plant terpenes and flavonoids. Organically-grown hemp. Sweet mint flavor.

\$100 \$3.33/serving #94023

[reliv.com/p/rlv-hemp-full-spectrum-750](https://reliv.com/p/rlv-hemp-full-spectrum-750)







## RLV Hemp + Melatonin

Fall asleep faster and wakeup refreshed! Our 500 mg full spectrum hemp extract is formulated with 3 mg of melatonin per serving, plus L-Tryptophan to promote relaxation and sleep quality. Relaxing sweet orange flavor with hints of peppermint.

\$85 \$2.83/serving #94030

[reliv.com/p/rlv-hemp-melatonin](http://reliv.com/p/rlv-hemp-melatonin)



## RLV Hemp Balm 1000 mg

Why wait to feel relief? Our 1000 mg strength hemp balm goes to work instantly to address your muscle and joint discomfort as well as skin irritations. Blended with essential oils. Extracted from organically-grown, non-GMO hemp. Eucalyptus scent. Guaranteed THC-Free.

\$130 #94026

[reliv.com/p/rlv-hemp-balm](http://reliv.com/p/rlv-hemp-balm)



### Introducing RLV Hemp Balm!

1000 mg • Works fast • Eucalyptus scent

"The discomfort in my hands feels so much better. I just rub on the balm and notice a real improvement... fast! I've never used anything like this. And I can't go without it!"

— Karen P.



## Nutrition Formulated for You

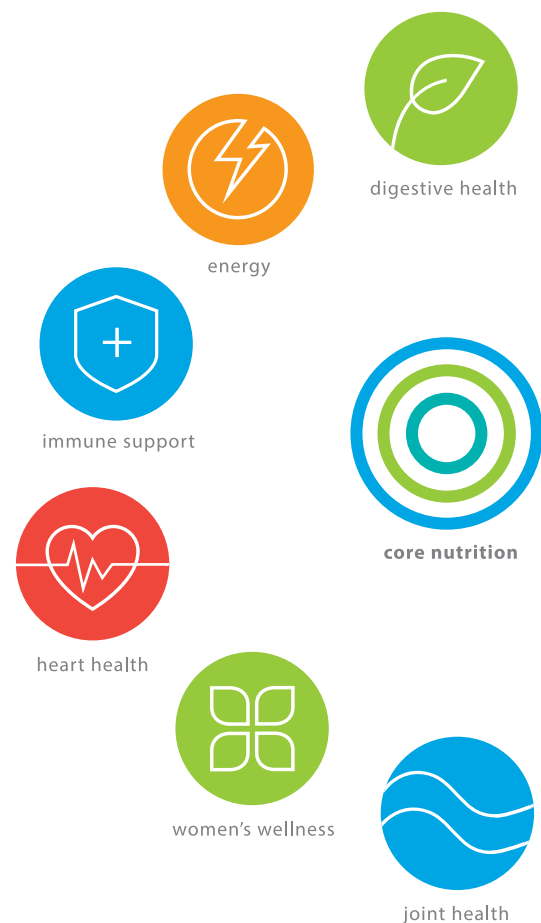
### Step 1: Start with Core Nutrition

Our delicious shakes with flavors like creamy vanilla and rich chocolate go way beyond the minimum daily requirements giving you more of the **essential vitamins, minerals and herbs** your body needs to **thrive every day**. Core nutrition is at the center of everything we do.

### Step 2: Customize with Targeted Solutions

Make your shake work for you. Customize your daily Core Nutrition shake with Targeted Solutions that meet your health and fitness goals. Our Targeted Solutions are designed to work with any of our Core Nutrition shakes.

Visit [reliv.com/targeted-solutions](https://reliv.com/targeted-solutions) to check out our interactive shake wheel and to learn more about the health benefits.







## Reliv Now® Super Pack: A Great Place to Start

The LunaRich® Super Pack comes with four cans of Reliv Now® with Soy, four 60-count bottles of LunaRich X™ and shaker cups — enough for a one-month supply for four people to get started with cutting-edge nutrition. Reliv Now is your nutritional fuel; LunaRich X™ is your epigenetic accelerator (see page 9 for details). You get optimal health today and smart prevention for tomorrow.

**\$404 \$3.30/day per person (one shake + two capsules) 92012**

**Real Results:** In a University of Missouri study, the combination of Reliv Now with Soy and LunaRich X showed the potential to support weight loss, heart health and metabolic wellness. Learn more at [reliv.com/nowlrxstudy](https://reliv.com/nowlrxstudy).

### Also available: Reliv Classic® Super Pack

Four cans of Reliv Classic, four 60-count bottles of LunaRich X

**\$404 \$3.30/day per person (one shake + two capsules) 92022**



performance



blood sugar support



anti-aging



weight loss

## STEP 1: CORE NUTRITION

### **Reliv Now® with Whey**

You could waste money on sugary, expensive shakes and waste time standing in line while they make it for you...or you could try something that's way healthier and more cost effective! Reliv Now with Whey is a delicious vanilla, whey-based protein with higher levels of essential vitamins and minerals. Includes 7 grams of muscle-building whey protein and an exclusive blend of antioxidants and herbs. No saturated fats, trans fats, artificial sweeteners or preservatives. 30 servings.

**\$59 \$1.97/serving #91011**

[reliv.com/nowwhey](http://reliv.com/nowwhey)



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vegetarian



### **Reliv Now® with Soy**

Want a plant-based protein that you can make literally in seconds at home or on the go? You'll love Reliv Now with Soy! It tastes great and has higher levels of essential vitamins and minerals for greater health benefits. Includes LunaRich® to support your immune system and promote healthy cholesterol levels and inflammatory response. With 7 grams of heart-healthy, plant-based protein. 30 servings.

**\$59 \$1.97/serving #91012**

[reliv.com/now](http://reliv.com/now)

**Soy much better!** *LunaRich from Reliv is the only ingredient to fully harness the remarkable health-boosting power of the soy peptide lunasin, the first nutritional compound proven to work at the epigenetic level to promote optimal health. Learn more: [reliv.com/science](http://reliv.com/science).*



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## **LunaRich X™**

It's not easy to find a supplement built on the latest findings in cutting-edge science, but you will find that with LunaRich X! Not only does it promote optimal health for your cells, it's also been shown to support your immune system, weight loss, heart health and metabolic wellness. Supports healthy cholesterol levels. Highly bioavailable form of lunasin for optimal absorption. Available exclusively from Reliv.

**\$42 \$0.70/serving 92060 (60 servings)**  
**\$82 \$0.68/serving 92120 (120 servings)**

[reliv.com/lunarichx](http://reliv.com/lunarichx)



## **Reliv Defense**

Supporting your immune system has never been more important. Don't lose sleep – instead arm yourself with Reliv Defense – the immunity supporting supplement. Formulated with adaptogens to help combat immune stressors, two sources of beta glucan (yeast and algae), reishi mushroom extract and tinofend extract. Now even better with elderberry extract, echinacea, zinc, selenium and ginseng for the most comprehensive immune support. 60 capsules.

**\$68 \$2.27/serving 92375 (30 servings)**

[reliv.com/reliv-defense](http://reliv.com/reliv-defense)





**Reliv Now® for Kids with LunaRich®**

Tired of the daily struggles with your kids just to eat something healthy? Worried your little ones are not getting the nutrients they need every day? You're going to love Reliv Now for Kids because it shakes up in seconds and kids LOVE the taste! Formulated with optimal levels of essential vitamins and minerals needed during periods of rapid growth. Features DHA, an omega 3 fatty acid to support brain development and mental performance and enhanced with LunaRich. 15 servings.

**\$36 \$2.40/serving #91016 Vanilla**  
**\$2.40/serving #91017 Chocolate**

[reliv.com/nowforkids](http://reliv.com/nowforkids)







## Reliv Classic®

Having trouble finding a plant-based protein that you can add to any smoothie recipe you can dream up? Try Reliv Classic, our original groundbreaking formula! After more than 30 years, Reliv Classic continues to set the industry standard for cutting-edge nutrition. Includes higher levels of key vitamins and minerals for greater health benefits. 7 grams of heart-healthy, plant-based protein with no added sugars. 30 servings.

**\$59 \$1.97/serving #91022**

[reliv.com/classic](http://reliv.com/classic)







## STEP 2: CUSTOMIZE WITH TARGETED SOLUTIONS

### Active

Active is a delicious vanilla, healthy shake that keeps you full, burns fat and helps build lean muscle thanks to 15 grams of plant-based protein per serving. Makes a great on-the-go snack. Formulated with an exclusive amino acid blend to boost metabolic rate, improve endurance, and support fat metabolism for energy. 30 servings.

**\$75 \$2.50/serving #91352 Vanilla**



glutenfree



dairyfree

**K** vegetarian

### Weight Loss Bundle

Save \$10 with the Weight Loss Bundle! This money-saving bundle is our best offer, and includes a one-month supply of Active, Burn and Purify.

**\$143 30-day supply \$4.77/day #1652**



Interested in joining the free Fit3 program?  
Learn more at [reliv.com/fit3-program](https://reliv.com/fit3-program) or talk to the person who shared this catalog with you.





## Burn

When you add Burn into your healthy diet and exercise routine it ignites an active metabolism and assists in burning fat throughout the day! With green tea and fruit extracts, plus Garcinia Cambogia Extract to enhance appetite control. Caffeine free – no stimulants. 30 servings.

\$39 \$1.30/serving #92347



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## Purify

Want to improve your gut health and support your overall health with a probiotic? Purify is a gentle yet effective probiotic that also includes a liver cleanse and metabolic supporter! With a probiotic blend to support gut health and metabolism, plus plant extracts to detoxify and enhance liver function. Take 2 capsules in the evening. 30 servings.

\$39 \$1.30/serving #92350

[reliv.com/fit3-program](http://reliv.com/fit3-program)



vegetarian







## Innergize!®

Looking for an electrolyte-replacement that helps you work out longer and more effectively without getting tired? Innergize! is your solution and will help replenish you whether you're working out or working out in the yard. Formulated with a precise blend of vitamins, minerals and carbs to help prevent dehydration and restore energy. With balanced electrolytes to replenish cellular hydration. 30 servings.

Lemon Lime Ice is a lower sugar option with 60% less sugar than other flavors. 90 servings.

**\$29** \$0.97/serving #91020 **Lemon**  
\$0.97/serving #91021 **Orange**

[reliv.com/innergize](http://reliv.com/innergize)

**\$58** \$0.64/serving #91057 **Lemon Lime Ice**

[reliv.com/innergize-lower-sugar](http://reliv.com/innergize-lower-sugar)







## ProVantage<sup>®</sup> with LunaRich<sup>®</sup>

Need a plant-based protein that will give you an athletic edge? ProVantage marks a major advancement in the science of sports nutrition thanks to advanced ingredients like LunaRich, Tonalin<sup>®</sup>, MCTs, Creatine, CoQ10 and supercharged amino acids. Formulated with 13 grams of plant-based protein for muscle repair and faster recovery. 15 servings.

**\$48 \$3.20/serving #91041**

[reliv.com/provantage](http://reliv.com/provantage)





 **FibRestore®**

Feel fuller without extra calories! Just one scoop of FibRestore gives you about one-third of the total 30-35 grams of fiber recommended daily to promote good health. The creamy orange flavor is a yummy way to start any morning! Insoluble fiber promotes gut health, while soluble fiber supports healthy cholesterol and blood sugar levels. Digestive enzymes and herbs reduce bloating and support metabolism. 30 servings.

**\$54 \$1.80/serving #91062**

**[reliv.com/fibrestore](http://reliv.com/fibrestore)**







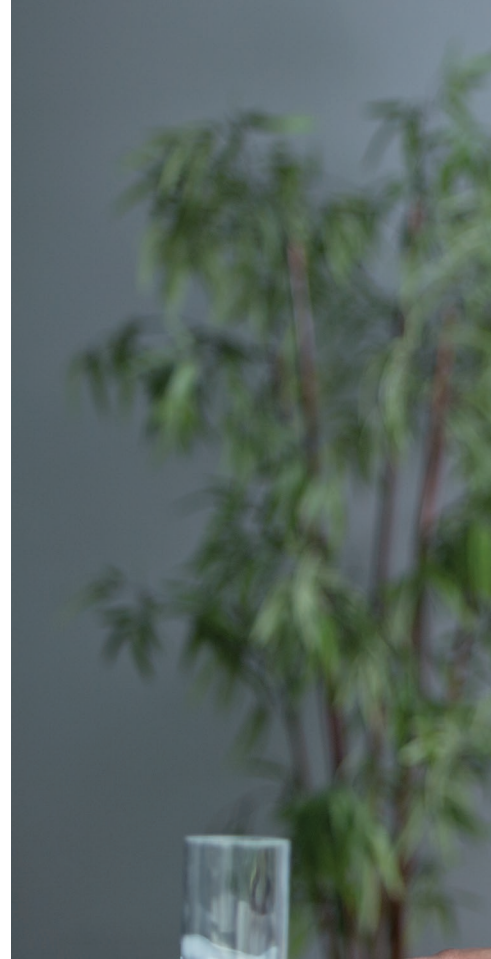
## Arthaffected®

Whether you're an athlete or just want to stay active as you age, life can be tough on your joints. Now you can protect them like never before thanks to Arthaffected. Just add one scoop to your favorite smoothie to get the benefits of hydrolyzed collagen protein and 20+ ingredients that work together to optimize your joint performance. Formulated with glucosamine, Ashwagandha and Boswellin. 30 servings.

**\$70 \$2.33/serving #91025**

[reliv.com/arthaffected](http://reliv.com/arthaffected)





**24K®**

Tired of having your energy zapped, but don't want to reach for a high-sugar energy drink? Just one scoop of 24K will have you feeling energized and focused without the crash or jitters! 24 powerful ingredients provide fuel for all-day energy and mental clarity. With amino acids and B-vitamins to support energy and endurance. **Zero caffeine. Zero sugar. Zero Crash.** 45 servings.

**\$75 \$1.67 per serving #91086**

[reliv.com/24K](http://reliv.com/24K)







## **ReversAge®**

If you're looking for a way to feel young again, but don't want to spend hundreds on pricey products, try ReversAge! This patented formula addresses aging at every level and enhances overall wellness. Formulated with an exclusive blend of herbs and antioxidants to promote longevity from the inside out. Antioxidants CoQ10 and resveratrol fight free radicals to slow down the aging process. Longevity complex battles hormonal decline to help you look and feel younger, and promote mental focus. 30 servings.

**\$93 \$3.10/serving #91027**

**[reliv.com/reversage](http://reliv.com/reversage)**





## **GlucAffect® with LunaRich®**

If supporting healthy blood sugar levels and a healthy weight are always top of mind, then you need GlucAffect. Clinically proven to target multiple symptoms of metabolic syndrome. Enhanced with omega 3 fatty acids and LunaRich to promote cardiovascular health and healthy cholesterol levels. Unique combination of Pycnogenol, CoQ10 and cinnamon work synergistically for maximum health benefits. 45 servings.

**\$74 \$1.64/serving #91007**

**[reliv.com/glucaffect](http://reliv.com/glucaffect)**

**Proven Effective:** In an eight-week clinical study of overweight individuals with elevated blood glucose levels, subjects taking four daily servings of GlucAffect lowered their fasting blood glucose by an average of 30% and lost an average of nearly 16 pounds.







 **CardioSentials®**

If you're looking for an easy way to take care of your heart health, look no further than CardioSentials! This revolutionary product has been clinically shown to significantly reduce total cholesterol, LDL (bad) cholesterol, increase HDL (good) cholesterol and lower blood glucose levels for participants in a clinical trial. Patented formula, clinically shown to improve cholesterol, triglycerides and blood glucose levels. Formulated with CoQ10, resveratrol and phytosterols. 30 servings.

**\$110 \$3.67/serving #91110**

**[reliv.com/cardiosentials](http://reliv.com/cardiosentials)**

**Proven Effective:** In a double-blind, placebo-controlled clinical trial, participants taking CardioSentials significantly reduced total cholesterol, LDL (bad) cholesterol and triglycerides, as well as increased HDL (good) cholesterol and lowered blood glucose levels.





 **SoySentials® with LunaRich®**

SoySentials is a girl's best friend! Just one shake a day offers a healthy way to ease the symptoms of menopause or PMS and supports your overall wellness and immune system. Complete women's nutritional formula with 10 grams of plant-based protein. Formulated with calcium, resveratrol and CoQ10. Unique herbal complex balances mood swings. 15 servings.

**\$48 \$3.20/serving #91042**

[reliv.com/soysentials](http://reliv.com/soysentials)







## 3 Ways to Get Started!

### BECOME A RETAIL CUSTOMER

Fuel your body with the highest quality nutritional products shipped right to your door.

### BECOME A PREFERRED CUSTOMER

Sign up to get:

10% discount

Or a 20% discount when you sign up for autoship monthly or quarterly!

### BECOME A DISTRIBUTOR

Purchase Reliv products and **enjoy up to a 40% discount**. Share them with your family, friends and others to earn retail and wholesale profit!

Discover what owning a Reliv business can mean for you. Contact the Distributor who gave you this catalog, visit **reliv.com/join-reliv** or call **800.735.4887**.

*Get healthier. Live happier.*

*These statements have not been evaluated by the Food and Drug Administration. Reliv products are not intended to diagnose, treat, cure or prevent any disease.*



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