



**fit**<sup>3</sup>™  
**PURIFY**

**Get Fit. Feel Fit. Stay Fit.**

**Purpose:** Supports a healthy digestive tract and metabolic health.

**Servings:** 30 (2 capsules per day the first 10 days of each month)

**Directions:** Take 2 capsules at night for the first 10 days of each month.

It has... (Features)	Which means... (Benefits)
Probiotic Blend – lactobacillus acidophilus and bifidobacterium bifidum	...increases healthy bacteria in the gut and supports a healthy digestive tract.
Glutathione...	... an important antioxidant produced in the liver that supports the immune system and liver health.
Peppermint leaf Extract...	...helps support a healthy digestive tract and liver function.
Asparagus (root) Extract...	...a potent antioxidant which helps stimulate the immune system and aids in liver health.
Bupleurum (root) Extract...	...improves general liver function and detoxification.
Artichoke (leaf) Extract...	...rich in flavonoids, which promotes cardiovascular and liver health.
Siliphos® Milk Thistle (fruit) Extract...	...powerful liver protectant that aids in reducing fat oxidation in liver cells.