



# Product Catalogue

Reliv Malaysia

# Feel Great Every Day!

Plain and simple, most of us don't eat right. Inadequate nutrition can leave you feeling tired and depressed. Even marginal shortages of essential nutrients may render you less able to resist everyday exposure to viruses and infection, create fatigue, and slow down your rate of recovery.



## Are You at Risk?

With evidence growing on the link between poor diet and chronic diseases such as cancer, heart disease, diabetes and many more, combined with our cultural affinity for processed and fast food, snacks and convenience meals, the risks can only increase.

## What's the Answer?

Reliv's nutritional supplements can help make the difference in your life. We combine cutting-edge technology with the finest quality ingredients to create health-enhancing products that provide nutritional support for optimal performance every day.

## Cutting Through The Clutter!

Although you appreciate the benefits of nutritional supplementation, trying to choose between hundreds of bottles of vitamins and herbs can leave your head spinning. How do you know what you need? How much? Can you mix them? Can you afford so many different bottles?

Reliv takes the guesswork out of nutrition by providing all the balanced nutrients you need in easy-to-use, economical formulas. From daily essential nutrition to targeted formulas for special needs, Reliv products are the perfect nutritional support to help you look good and perform at your best!



## Reliv Delivers Results

Why do Reliv's premium nutritional formulas work when other supplements don't? We call it the **Reliv Difference**.

**Bioavailability.** The body can only use nutrients that it can readily absorb. Reliv's shakes provide the body instant access to the nutrients they contain, providing greater benefit from each serving.

**Synergism.** Many vitamins and minerals only perform at their best when combined with other nutrients. This is called synergism, and it's the foundation behind every Reliv formulation.

**Optimal Nutrition.** Reliv goes beyond minimum daily requirements to follow the standard of optimal nutrition, with higher levels of key nutrients to promote good health and well-being.

**Guaranteed Quality Ingredients.** Our ingredients come from the most reputable suppliers and undergo rigorous testing at each step in the manufacturing process. And because we own our manufacturing facility, we are able to ensure product purity and potency in every can — guaranteed.



Reliv products provide much more than the individual nutrients listed on the label — **Reliv delivers results.**



*Statements have not been evaluated by the Bureau of Food & Drug Administration (BFAD). Reliv products are not intended to diagnose, treat, cure or prevent any disease. If you are suffering from a medical condition, pregnant, or nursing, please consult a medical physician before consuming Reliv products.*

# The Science Behind Reliv

## Proven Leadership

Reliv's product development and manufacturing programs are headed by Vice Chairman and Chief Scientific Officer **Dr. Carl W. Hastings**. Part of Reliv since its founding in 1988, Dr. Hastings has spent nearly 40 years in food product research and development. His pioneering work has made him a world-renowned authority on soy-based nutrition, and his commitment to innovation has produced several U.S. patents for Reliv products.



At Reliv, we take nutrition science seriously.

Our foundational scientific philosophy — the **Reliv Difference** — has proven to be a superior approach to supplementation. Every day, Reliv scientists combine advanced research, leading-edge manufacturing and laboratory technologies, and rigorous testing to create uniquely effective formulas.

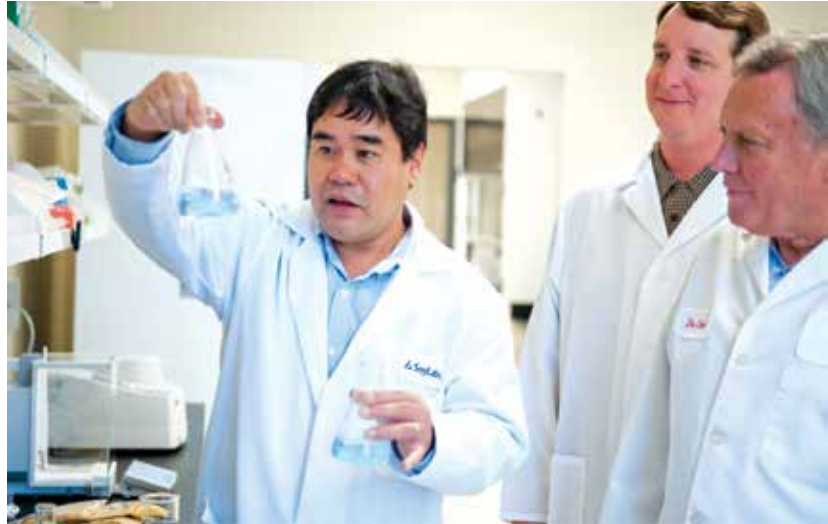
You have already taken a vital first step in improving your health — you have discovered Reliv. I encourage you to read through this catalog, consult your personal Reliv Distributor and create a supplement program that's right for you. We're here to help you every step of the way.

To your health,

**Dr. Carl W. Hastings**  
Reliv Vice Chairman & Chief Scientific Officer

## The People Behind the Science

Reliv International is the first company to partner with the Missouri Plant Science Center (MPSC) — a shared facility where researchers work alongside business and industry experts to bring ingredient innovation from the laboratory and consumer. The partnership allows Reliv greater access to the latest soy research and together with **Dr. Alfredo Galvez** has already resulted in a breakthrough new healthy soy power, LunaRich®.



luna  
rich®

### LunaRich®: Super Soy

LunaRich is the most advanced soy product on the market today — and it's only available from Reliv.

Research shows a naturally occurring peptide called **lunasin** that is responsible for many of soy's remarkable health benefits. Reliv's exclusive LunaRich soy powder delivers more bioactive lunasin — often many times more — than any other soy powder available.

LunaRich is made from non-GMO soybean varieties with the highest concentration of lunasin and manufactured through a propriety mechanical process (vs. chemical) that maintains the bioactivity of the lunasin, maximizing its proven benefits:

- Cholesterol management
  - Inflammation reduction
  - Antioxidant benefits
  - Improved immunity
  - Overall cellular health
- And the list keeps growing...

# Essential Nutrition

## The Right Nutrients in the Right Combination

Taking control of your health shouldn't be complicated. But these days giving your body what it needs to thrive isn't always easy.

We know what we're supposed to eat, but who's got time for five servings of fruits and vegetables every day? Many of us rely instead on convenience foods made from refined flour and sugar, loaded with trans fat and significantly lacking in any real nutritional value. And even when we do eat right, research suggests we're still not getting the nutrients we need for optimal health.

The results: sluggishness, poor sleep patterns, reduced ability to fight infection, slow healing and excess weight gain, among others. Most of us are simply not enjoying the quality of life we should be.










Fortunately, there's an answer. Reliv's essential nutrition formulas, provide a complete range of essential daily nutrients with just two shakes a day. Gone is the guessing game of mixing and matching bottles of vitamins. Reliv is nutrition made simple.



# Nutrient Comparison

## Food Compared to Reliv Now

To demonstrate, 1 serving (2 scoops) of Reliv Now® with LunaRich is equivalent to:

Vitamin B16	20 cups of raw brussel sprouts	
Vitamin 12	54 x 100g chicken breast	
Thiamin (B1)	6 1/2 cups of raw peas	
Vitamin E	2 cups of almonds	
Niacin	27 cups of green beans	
Vitamin C	6 3/4 oranges	
Riboflavin	2 litres fresh milk	
Magnesium	10 cups raw chopped broccoli	
Folate	12 beef steaks	

## Feeling great starts with great nutrition!

Reliv Now with LunaRich: RM 2.95



Cappuccino: RM 4



Ice-cream: RM 4



These are just a handful of examples to demonstrate the amount you would have to eat in order to get the same levels of just some of the nutrients in Reliv Now with LunaRich®.

## 2 easy steps to make a Reliv shake:

Step 1



Pour 8 ounces of cold water, a scoop of Reliv in a shaker cup or glass.

Step 2



Close the lid tightly and shake it up or stir until the powder has dissolved.

Try This



For a more refreshing treat:

Use a blender to prepare your Reliv shake. Add some ice and fruits or try using juice or milk instead of water.

Blend for less than a minute.



## Reliv Now® with LunaRich®

Reliv Now delivers a powerful, synergistic array of nutrients designed to bridge the nutritional gap created by on-the-go lifestyles. Featuring the nutritional advantages of non-GMO whole soybean powder, which retains all of the phytonutrients, isoflavones and antioxidants that give soy its natural health-promoting power. Reliv Now is also fortified with Pycnogenol®, a super-powered antioxidant and LunaRich™, a breakthrough soy powder which contains five to ten times the bioactive lunasin of ordinary soy powders.

**Soy good for you!** Soy, the foundational ingredient in Reliv Now and Reliv Classic, has been shown to promote cardiovascular health, bone and muscle strength, immunity and weight loss, among many other benefits. Learn more: [relivasiapacific.com.sg/soy-supplements](http://relivasiapacific.com.sg/soy-supplements)

## Reliv Classic®

With Classic, you'll be providing your body with the combination of nutrients it needs to operate at maximum efficiency. You'll feel the difference that proper nutrition can make. Unlike single supplements which may not work properly in the absence of other vital nutrients, Classic provides nutritional balance and contains the following:

- Significant amounts of every vitamin and mineral recommended by health experts as part of a daily diet.
- A combination of vitamins, minerals, and proteins.
- An herbal complex which provides essential phytonutrients.
- 7 grams of soy in each serving.
- This formula is vegetarian, Halal certified, ideal for those with lactose intolerance, contains no animal compounds, low fat and no artificial preservatives.
- Plain flavour

Reliv Now® Consumer Information Panel		
Serving Size: 1 Scoop (10.77g)	Servings per Container 56	
	per serving	per 100 g
Energy	25 kcal	232 kcal
Total Fat	0.5 g	5 g
Cholesterol	0 g	0 g
Total Carbohydrates	3.4 g	32 g
Dietary Fiber	1 g	9 g
Sugars	2.1 g	19 g
Protein	3.4 g	32 g
Vitamin A	1250 IU	11606 IU
Vitamin C	240 mg	2228 mg
Vitamin D	200 IU	1857 IU
Vitamin E	30 IU	279 IU
Vitamin B1	1.5 mg	14 mg
Vitamin B2	2 mg	19 mg
Niacin	10 mg	93 mg
Vitamin B6	2 mg	19 mg
Folic Acid	200 mcg	1857 mcg
Vitamin B12	9 mcg	84 mcg
Biotin	150 mcg	1393 mcg
Pantothenic Acid	10 mg	93 mg
Calcium	560 mg	5200 mg
Iron	5 mg	46 mg
Phosphorus	250 mg	2321 mg
Iodine	75 mcg	696 mcg
Magnesium	100 mg	929 mg
Zinc	8 mg	74 mg
Sodium	20 mg	186 mg
Now Proprietary Herb Blend	95 mg	882 mg
L-Methionine	Bromelain (Ananas comosus)	
Licorice Root (Glycyrrhiza glabra)	Papain (Carica papaya)	
Garlic (Allium sativum)	Rutin (Ruta graveolens)	
Rhubarb Root (Pheum officinale)	Butternut Bark (Juglans cinera)	
Rose Hips (Rose canina)	Irish Moss (Chondrus crispus)	
Cayenne (Capsium annum)	Enzyme Blend	
Kelp (Ascophyllum nodosum)	Pycnogenol®	

Other Ingredients:  
Non-GMO Soy Blend with LunaRich™ Soy Powder, Calcium Carbonate, Fructose, Brewers Yeast, Dicalcium Phosphate, Ascorbic Acid, Dimagnesium Phosphate, Non-GMO Soy Lecithin, Natural & Artificial Flavor, Alpha Tocopheryl Acetate, Potassium Chloride, Molybdenum Yeast, Biotin, Ferrous Fumarate, Calcium Pantothenate, Niacinamide, Copper Gluconate, OptiZinc® Brand of Zinc Monomethionine, Manganese Sulfate, Pyridoxine Hydrochloride, Riboflavin, Vitamin D3, Thiamin Hydrochloride, Vitamin B12, Potassium Iodide, Vitamin A Palmitate, Folic Acid, Selenomethionine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate. Contains permitted food conditioner and flavors.



Reliv Classic® Consumer Information Panel		
Serving Size: 1 Scoop (9.2g)	Servings per Container 56	
	per serving	per 100 g
Energy	22.5 kcal	244.6 kcal
Total Fat	0.75 g	8.2 g
Cholesterol	0 g	0 g
Total Carbohydrates	1.5 g	16.3 g
Dietary Fiber	1.0 g	10.9 g
Sugars	0 g	0 g
Protein	3.5 g	38.0 g
Vitamin A	1250 IU	13587 IU
Vitamin C	240 mg	2609 mg
Vitamin D	200 IU	2174 IU
Vitamin E	30 IU	26.1 IU
Vitamin B1	1.5 mg	16.3 mg
Vitamin B2	2 mg	21.7 mg
Niacin	10 mg	108.7 mg
Vitamin B6	2 mg	21.7 mg
Folate	200 mcg	2174 mcg
Vitamin B12	9 mcg	97.8 mcg
Biotin	150 mcg	1630 mcg
Pantothenic Acid	10 mg	108.7 mg
Calcium	500 mg	5435 mg
Iron	5 mg	54.3 mg
Phosphorus	200 mg	2174 mg
Iodine	75 mcg	815.2 mcg
Magnesium	100 mg	1087 mg
Zinc	8 mg	87 mg
Sodium	10 mg	108.7 mg
Classic Proprietary Herb Blend	92.5 mg	1005 mg
L-Methionine	Bromelain (Ananas comosus)	
Licorice Root (Glycyrrhiza glabra)	Papain (Carica papaya)	
Garlic (Allium sativum)	Rutin (Ruta graveolens)	
Rhubarb Root (Pheum officinale)	Butternut Bark (Juglans cinera)	
Rose Hips (Rose canina)	Irish Moss (Chondrus crispus)	
Cayenne (Capsium annum)	n-Zimes® and Isolase®	
Kelp (Ascophyllum nodosum)		

Other Ingredients:  
Non-GMO Soy Blend, Calcium Carbonate, Brewers Yeast, Fructose, Dicalcium Phosphate, Ascorbic Acid, Dimagnesium Phosphate, Soy Lecithin, Inulin, Natural and Artificial Flavor, Potassium Chloride, Alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, OptiZinc® Brand of Zinc Monomethionine, Ferrous Fumarate, Riboflavin, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Copper Gluconate, Manganese Sulfate, Vitamin A Palmitate, Potassium Iodide, Molybdenum Yeast, Selenomethionine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Vitamin D3. Contains permitted food conditioner and flavours.





## Fibrestore®

Balance, Restore, Revitalise

antioxidants • enzymes • herbs

With an exclusive blend of antioxidants, enzymes and herbs FibRestore is much more than a fibre powder.

### How much fibre should we eat?

Experts in World Health Organisation recommend an intake of at least 30 grams of fibre per day. In today's modern diet, we might receive as little as 10 grams of fibre per day.

Eating adequate fibre each day helps manage or may prevent:

- bowel disorders
- bowel cancer
- type 2 diabetes
- cardiovascular disease
- weight gain

*\*FibRestore has a tasty pineapple flavor and may be mixed with 8 ounces of water or juice or may be taken in combination with other Reliv products. We recommend 1 to 2 scoops per day.*

Protect your body against the cell-damaging effects of free radicals and help lower your risk of certain types of disease with FibRestore.

### How does it help?

- A patented vitamin and herbal supplement that provides the benefits of a high fibre diet, while protecting your body with potent antioxidants, Beta Carotene and Vitamins C and E.
- Virtually fat-free, FibRestore aids digestion as soluble and insoluble fibres combine to gently restore and maintain regularity.
- Fibre helps keep energy up while it curbs hunger; a great companion to your weight loss program.
- Digestive enzymes Papain and Bromelain allow the body to supply more of the enzymes used by organs for daily health maintenance.

FibRestore® Consumer Information Panel		
Serving Size: 1 Scoop (14g)	Servings per Container 28	
	per serving	per 100 g
Energy	10 kcal	71 kcal
Total Fat	0 g	
Cholesterol	0 g	
Total Carbohydrates	11 g	78.6 g
Dietary Fiber	10 g	71.4 g
Sugars	1 g	
Protein	1 g	7.1 g
Vitamin A (100% as mixed carotenoids)	3500 IU	25000 IU
Vitamin C	350 mg	2500 mg
Vitamin E	200 IU	1428.6 IU
Iron	.12 mg	.89 IU
Sodium	10 mg	71.4 mg
<b>Fibrestore Proprietary Herb Blend</b>	<b>154 mg</b>	<b>1100 mg</b>
Oriental Ginseng (Panax ginseng)		
Capsium Fruit (Capsium frutescens)		
Hibiscus Flower (Hibiscus sabdariffa)		
Siberian Ginseng (Eleutherococcus senticosus)		
L-Methionine		
Aloe Vera (Aloe barbadensis)		
Chicory Root (Cichorium intybus)		
Dandelion Root (Taraxacum officinale)		
Chamomile Flower (Matricaria nobilis)		
Alfalfa Herb (Medicago sativa)		
Pearl Barley (Hordeum vulgare)		
Ginger Root (Zingiber officinale)		
Celery Seed (Apium graveolens)		
Sarsaparilla Root (Hemidesmus indicus)		
Passion Flower (Passiflora incarnata)		
Licorice Root (Glycyrrhiza glabra)		
Garlic (Allium sativum)		
Rhubarb Root (Rheum officinale)		
Foenugreek Seed (Trigonella foenum graecum)		
Cayenne (Capsium annuum)		
Kelp (Ascophyllum nodosum)		
Bromelain (Ananas comosus)		
Papain (Carica papaya)		
Irish Moss (Chondrus crispus)		

Other Ingredients: Corn Bran, Gum Arabic, Non-GMO Soy Fibre, Fructose, Oat Fibre, Apple Fibre, Pea Fibre, Ascorbic Acid, Alpha Tocopheryl Acetate, Natural and Artificial Flavour, Non-GMO Soy Lecithin, Citrus Fibre, Natural Mixed Carotenoids, Carregeenan, Guar Gum, Xanthan Gum, Inulin, Luo Han Guo Fruit Extract, Citric Acid.



### What does 30 grams of fibre look like?

8 apples



or 12 potatoes



or 1½ loaves of bread



or 30 prunes



or 30 cups of corn flakes





Fortunately, science has discovered an array of nutrients that contribute to joint health. You can get optimal levels of more than 20 powerful ingredients in one convenient, highly absorbable Arthaffected® shake. No other joint performance formula comes close. **Bottom line: Arthaffected works.**

## Arthaffected®

Get Moving with Healthy Joints

### Dual Action Formula

More than simply a solution to a problem, Arthaffected also provides prevention for the future — allowing you to maintain your healthy, active lifestyle.

Patented Arthaffected combines the best traditional Eastern herbal therapies with cutting-edge nutrients clinically proven to help repair and restore existing joint tissues.

### Glucosamine

Natural compound proven effective in rebuilding cartilage, protecting against joint deterioration and promoting healthy joint function; also stimulates production of collagen, a key component of the fibrous substance that holds joints together.

### Arthred®

Hydrologized collagen protein (HCP); consists of the same series of amino acids that form the framework of human cartilage and are required for its generation.

### Boswellin

Herb used in Eastern medicine to help with joint and muscle swelling.

### Ashwagandha

Herb that reduces inflammation and relieves discomfort.

Arthaffected® Consumer Information Panel		
Serving Size: 1 Scoop (8.5 g)	Servings per Container 30	
	per serving	per 100 g
Calories	30	353
Total Fat	0	0
Cholesterol	0	0
Total Carbohydrates	0	0
Sugars	0	0
Protein	7 g	82.4 g
Calcium	6 mg	70.6 mg
Iron	0.25 mg	3 mg
Arthred® (hydrolyzed collagen)	7 g	82.4 g
Glucosamine Hydrochloride	270 mg	3176.5 mg
Bioiperine® (Piper nigrum extract)	5 mg	58.8 mg
Arthaffected Proprietary Blend	988 mg	11623.5 mg
Borage Oil Powder		
Ashwagandha (Withania somnifera)		
Ginkgo Biloba Leaves (Salicaria adiantifolia)		
Boswellin (Boswellia serrata)		
Tumeric Root (Curcuma longa)		
Cat's Claw Bark (Uncaria tomentosa)		
Burdock Root (Arctium lappa)		
Barley Grass (Hordeum vulgare)		
Echinacea Root (Echinacea purpurea)		
Yucca Root (Yucca schidigera)		
Capsium Fruit (Capsium frutescens)		
Aloe Vera (Aloe barbadensis)		
Alfalfa Herb (Medicago sativa)		
Celery Seed (Apium graveolens)		
Sarsaparilla Root (Hemidesmus indicus)		
Licorice Root (Glycyrrhiza glabra)		
Kelp (Ascophyllum nodosum)		
Bilberry Fruit (Vaccinium myrtillus)		
Devil's Claw Root (Harpagophytum)		

Other Ingredients: Natural and Artificial Flavours, Non-GMO Soy Lecithin, Contains permitted food conditioner and flavours.



## ReversAge®

Restore From the Inside Out

*Immune support, hormone restoration,  
antioxidant protection, herbal revitalizers*

— **ReversAge has it all!**

### Complex Ingredients, Simple Solution

The age-defying, restorative formula of ReversAge supports the body's production of key hormones that tend to decline with age. Antioxidants help slow the aging process within the body's cells while bioflavonoids help protect and enhance overall wellness. ReversAge incorporates three proprietary complexes to address aging at every level:

#### Longevity Complex

**GPC:** optimizes mental focus, memory and brain repair.

**SAM-e:** supports mood and joint health.

#### Antioxidant Complex

**Co-Q10:** supports overall healthy functioning throughout the body.

#### Herbal Complex

**Ginkgo Biloba:** supports cognitive function and increases blood circulation.

**Maca:** improves energy levels, vigor and stamina.

**Chlorella:** helps carry oxygen throughout the body.

### ReversAge® Consumer Information Panel

Each container provides 28 days supply, when used as recommended.

Serving Size: 1 scoop (16 g)

Servings Per Container: 20

	Per 16 g serving	Per 100 g
Energy	58 kcal	362.5 kcal
Carbohydrate	13 g	81.25 g
Protein	1.7 g	10.6 g
Fat	0 g	0 g
Acetyl L-Carnitine	100.00 mg	625 mg
Coenzyme Q10	7.50 mg	47 mg
d-alpha lipoic acid	50.00 mg	312.5 mg
Fish oil — natural	37.36 mg	233.5 mg
Ginkgo biloba leaf (Salsburia adiantifolia)	31.25 mg	195 mg
Urtica dioica (Nettle) leaf	31.25 mg	195 mg
Selenium (from Selenomethionine)	25 mcg	156 mcg
Vaccinium myrtilloides (Blueberry) leaf extract	50.00 mg	312.5 mg
Prunus domestica (Plum) leaf extract	13.20 mg	82.5 mg
Camellia sinensis (Green tea) leaf extract	40.00 mg	250 mg
Bacopa monnieri (Water hyssop) leaf extract	100.00 mg	625 mg
Coleus forskohlii (Coleus) root extract	50.00 mg	312.5 mg
Lactobacillus acidophilus	50.00 mg	312.5 mg
Bifidobacterium bifidum	50.00 mg	312.5 mg
Chlorella vulgaris (Chlorella) powder	75.10 mg	469 mg
Malus domestica (Apple) fruit extract	50.00 mg	312.5 mg
Spirulina platensis (Spirulina) powder	54.40 mg	340 mg

In a base containing: Maltodextrin, Fructose, Soy Protein Isolate, Citric Acid, Inulin, Natural and Artificial Flavors, Soy Lecithin, Honey and Sucralose. Contains acidity regulator as permitted food conditioner and flavors.





## Innergize!®

For Your Active Lifestyle

**Energy for your active lifestyle!** *Innergize! provides your body with the combination of vitamins, minerals and amino acids it needs to stay in top form. It's the perfect complement to your active lifestyle. With Innergize!, you can excel — on or off the playing field!*



\*Available in two refreshing flavours: orange and lemon

### Beyond Hydration

We know hydration is vital to athletic performance. Dehydration can lead to physical fatigue, muscle cramps and even impaired mental function.

### Powerful Ingredients

Distinctive, advanced ingredients mean Innergize! stands out in a crowd of sports beverages.

**ChromeMate®:** plays a vital role in energy production, muscle development and metabolism.

**OptiZinc®:** helps repair muscle damage and speed recovery after workouts while strengthening your immune system.

**L-Carnitine & L-Glutamine:** helps burn fat, promote lean muscle development and transport fatty acids to release more energy.

**Potassium & Sodium:** support muscle exertion without cramping and perspiration without salt depletion.

Innergize!® Consumer Information Panel		
Serving Size: 1 Scoop (19 g)	Servings per Container 28	
	per serving	per 100 g
Energy	70 kcal	368 kcal
Total Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Sodium	50 mg	260 mg
Potassium	60 mg	315 mg
Total Carbohydrates	17 g	89 g
Dietary Fiber	0 g	0 g
Sugars	14 g	74 g
Protein	0 g	0 g
Vitamin A (100% as beta carotene)	300 IU	1579 IU
Vitamin C	60 mg	316 mg
Calcium	100 mg	526 mg
Iron	.2 mg	1.05 mg
Niacin	.4 mg	2.10 mg
Magnesium	40 mg	210 mg
Zinc	4 mg	21 mg

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Beta Carotene, Potassium Citrate, Sodium Chloride, Ascorbic Acid, Magnesium Oxide, Sunflower Oil, L-Glutamine, OptiZinc® Brand of Zinc Monomethionine, L-Carnitine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate. Contains permitted food conditioners and flavours.





## Give Them the Best

Children have special nutritional needs. Growing bodies and developing minds need a full array of vitamins, minerals, protein and micronutrients to reach their full potential

*\*Choose from two delicious flavors: vanilla and chocolate*

# Reliv Now® for Kids with LunaRich®

## Super Powered Nutrition for Super Powered Kids

Reliv Now for Kids gives you a powerful weapon in combating picky eaters and the ravages of today's fast food diets. More than just any other vitamin, Reliv Now for Kids provides the complete A-Z of vitamins and minerals, plus an array of advanced nutrients in a soy protein base.

### Nourish the Brain

This dedicated children's supplement includes fish oil-natural containing Omega-3 fatty acids and Iodine. These ingredients help support normal brain and eye development, including brain function and normal mental development along with learning ability, including concentration.

**Vitamin A:** for healthy eye sight

**Omega 3:** enhances brain function

**Iodine:** improved learning ability and concentration.

**Vitamin C:** helps in keeping skin and gums in good shape

**Chromium:** to metabolise carbohydrates and fats

**Vitamin B1 and B2:** release energy from the food you eat

**Protein:** builds lean muscle and provides sustained energy

**Iron:** to carry oxygen around the body

**Calcium:** for strong bones and teeth

**LunaRich®:** a naturally occurring soy peptide, nourishes and protects the body to maintain healthy cells.



Reliv Now® for Kids Consumer Information Panel		
Serving Size: 1 Scoop (29g)		Servings Per Container 15
Per Serving		
	Amount	% Daily Value
Calories	100	
Calories from Fat	7	
Total Fat	1 g	2%†
Saturated Fat	0.5 g	3%†
Cholesterol	0	
Total Carbohydrate	19 g	6%†
Sugars	14 g	*
Protein	5 g	10%
Vitamin A	2500 IU	50%
Vitamin C	130 mg	220%
Vitamin D	200 IU	50%
Vitamin E	60 IU	200%
Vitamin K	50 mcg	70%
Thiamin (vitamin B-1)	0.75 mg	50%
Riboflavin (vitamin B-2)	0.85 mg	50%
Niacin	10 mg	50%
Vitamin B-6	1 mg	50%
Folic Acid	200 mcg	50%
Vitamin B-12	3 mcg	50%
Biotin	150 mcg	50%
Pantothenic Acid	5 mg	50%
Calcium	500 mg	50%
Iron	9 mg	50%
Phosphorus	400 mg	40%
Iodine	75 mcg	50%
Magnesium	130 mg	35%
Zinc	7.5 mg	50%
Selenium	50 mcg	70%
Copper	1 mg	50%
Manganese	0.5 mg	25%
Chromium	50 mcg	40%
Molybdenum	50 mcg	65%
Sodium	90 mg	4%
Potassium	125 mg	4%
Now for Kids Proprietary Blend	536 mg	*
Phosphatidylserine		
Phosphatidylcholine		
Extract of Grape Seed (Vitis vinifera)		
Omega 3 Fatty Acids		
PABA (Para-aminobenzoic acid)	12.5 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily value not established.

**Other Ingredients:** Fructose, Soy Protein Isolate, LunaRich® Soy Powder, Maltodextrin, Dicalcium Phosphate, Cocoa, Magnesium Phosphate, Natural and Artificial Flavors, Soy Lecithin, Calcium Carbonate, Sodium Chloride, Guar Gum, Xanthan Gum, Alpha Tocopheryl Acetate, Ascorbic Acid, Luo Han Guo, OptiZinc® Brand of Zinc Monomethionine, Ferrus Fumarate, Biotin, Vitamin A Palmitate, Niacinamide, Calcium Pantothenate, Copper Gluconate, Vitamin K, Vitamin D3, Pyridoxine HCl, Manganese Sulfate, Riboflavin, Sodium Selenite, Thiamin HCl, Potassium Iodine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Vitamin B12, Folic Acid and Sodium Molybdate.





**GlucAffect®**

Get in Control

### Clinically Proven

Nutritional approach to blood sugar management, weight loss and cholesterol management.

We face a health epidemic. Increasingly sedentary lifestyles and a modern diet high in calories, refined sugars, and saturated and trans fats have left millions of people at risk of obesity and elevated blood sugar.

But you have a new ally in the wellness war. Patented GlucAffect is a groundbreaking nutritional approach to blood sugar management, weight loss and cholesterol management. A delicious cinnamon cream flavour and rapid dissolvability make GlucAffect the perfect addition to your morning coffee, afternoon tea or one of your daily Reliv shakes.

Don't become another statistic. Get in control with GlucAffect.

<b>GlucAffect Consumer Information Panel</b>		
Serving Size: 1 Scoop (12 g)		
Servings Per Container 42		
	Per Serving	Per 100 g
Calories	40 kcal	333 kcal
Calories from Fat	10 kcal	83 kcal
Total Fat	1 g	8 g
Total Carbohydrate	4 g	33 g
Dietary Fiber	2 g	17 g
Protein	4 g	33 g
Vitamin C	14 mg	117 mg
Calcium	23 mg	192 mg
Iron	1 mg	8 mg
Phosphorus	60 mg	500 mg
Pycnogenol <sup>®</sup>	15 mg	125 mg
Proprietary Blend	2234 mg	18617 mg
Omega 3 Fatty Acids		
Eugenia Jambolana		
Inulin		
Pterocarpus Marsupium Extract		
Salacia Reticulata Extract		
Alpha Lipoic Acid		
Cinnamon		
Coenzyme Q10		
L-Glutathione		
Glucohelp™ 18%		

**Other Ingredients:** Non-GMO LunaRich™ Soy Powder, Natural and Artificial Flavor, Soy Lecithin, Guar Gum, Xanthan Gum, Sucralose. Contains permitted food conditioner and flavours. Do not take while on warfarin therapy.



## Clinical Trial Confirms: GlucAffect Works

Daily consumption of GlucAffect® dietary supplement has been clinically shown to help lower blood glucose levels and aid in weight loss.

In an eight-week clinical study, 50 overweight subjects with moderately elevated fasting blood glucose — criteria for metabolic syndrome — were randomly assigned to either receive four daily servings of GlucAffect nutritional supplement or an inactive control product with identical taste, color and texture as meal replacement. They also agreed to participate in a diet and exercise program.

Test subjects taking GlucAffect lowered their fasting blood glucose by an average of 30%, moving from elevated glucose levels to healthy blood sugar values.

The lowered blood glucose was confirmed by the average HbA1c (glycosylated hemoglobin) level, which also moved into the healthy range. No significant glucose lowering was found in the control group.

In addition, those individuals taking GlucAffect lost an average of nearly 16 pounds during the eight-week period, slimming to an extent on average that they achieved their optimal BMI (body mass index). No significant effect on body weight was found in the control group.

To view the study, visit our website:  
[www.relivasiapacific.com.sg/p/glucaffect](http://www.relivasiapacific.com.sg/p/glucaffect)

# Take Control of Your Life With Reliv!

The same passionate commitment to quality and integrity behind Reliv's unique product line also drives every aspect of the Reliv business. Through a network of tens of thousands of independent Distributors worldwide, Reliv provides a lucrative opportunity for anyone looking to start their own business. And Reliv is so much more than just a business — it's a lifestyle that puts you in control.

Do you or anyone you know want to take a closer look at Reliv?

Ask the person who gave you this brochure for more details or call the Reliv office.



## **You decide your schedule**

so you can work your business around family and personal priorities.



## **You decide your income level**

based on the time and effort you're willing to invest.



**You decide when and where you want to work** and what you want to achieve.



# ORDERING IS EASY!

## STEP 1

**ORDER** by either of the following:

**CALL** Toll Free order number: **1-800-88-7669**  
Malaysia Head Office: **(+603) 5638 8788**



**PROVIDE** the following details:

- Your complete name
- Reliv Control Number (RCN) - *for Reliv Distributors*
- Name of your Reliv Distributor - *for Customers*
- Contact Number
- Delivery Address

## STEP 2

**PAYMENT OPTIONS:**



- Cash

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- Credit Card
  - *Full Name on Card*
  - *Expiry Date*
  - *Credit Card Number*
  - *Contact Details*

- Online or Bank Deposit to:  
Reliv International Sdn Bhd

**Maybank** - Account No: 514057161584  
**CIMB Bank** - Account No: 1248-0011510-058

*Make sure to fax or email a copy of the bank deposit receipt to Reliv as proof of payment.*

## STEP 3

**DELIVERY:**

*Please allot 2-3 working days.*



**CALL during office hours only**

(Monday-Friday: 10:00AM - 7:00PM)

(Saturday: 10:00AM - 5:00PM)

# ORDER 24/7

**Place your orders  
anytime of the day!**

FAX:  
**(+603) 5613 5788**

E-MAIL:  
**myorders@relivinc.com**

SHOP ONLINE:  
**www.relivasiapacific.com.my/login**



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