Nutrition made simple, life made rich.

Cutting-edge formulas featuring the highest quality ingredients, carefully designed to deliver optimal nutrients in a form your body can readily use. That's the Reliv difference --- and what a difference!

3 Easy Steps:



Shake it up



Drink it down



Feel Great!

Help others enjoy the Reliv difference! Discover the benefits of Reliv's flexible income opportunity. Work around your current commitments, or build to a full-time career. Financial freedom is within your reach.

Ask your Distributor "how?"

Your Independent Reliv Distributor is:

reliv.com.ph





Reliv Philippines Product Catalog







Optimal Nutrition Made Simple



Plain and simple, most of us don't eat right. Inadequate nutrition can leave you feeling tired and depressed. Even marginal shortages of essential nutrients may render you less able to resist everyday exposure to viruses and infection, create fatigue, and slow down your rate of recovery.

Are You at Risk?

With evidence growing on the link between poor diet and chronic diseases such as cancer, heart disease, diabetes and many more, combined with our cultural affinity for processed and fast food, snacks and convenience meals, the risks can only increase.

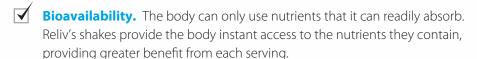
What's the Answer?

Reliv's nutritional supplements can help make the difference in your life. We combine cutting-edge technology with the finest quality ingredients to create health-enhancing products that provide nutritional support for optimal performance every day.



Reliv Delivers Results

Why do Reliv's premium nutritional formulas work when other supplements don't? We call it the *Reliv Difference*.



- Synergism. Many vitamins and minerals only perform at their best when combined with other nutrients. This is called synergism, and it's the foundation behind every Reliv formulation.
- Optimal Nutrition. Reliv goes beyond minimum daily requirements to follow the standard of optimal nutrition, with higher levels of key nutrients to promote good health and well-being.
- Guaranteed Quality Ingredients. Our ingredients come from the most reputable suppliers and undergo rigorous testing at each step in the manufacturing process. And because we own our manufacturing facility, we are able to ensure product purity and potency in every can --- guaranteed.

Reliv products provide much more than the individual nutrients listed on the label --- *Reliv delivers results*.

Statements have not been evaluated by the Bureau of Food & Drug Administration (BFAD). Reliv products are not intended to diagnose, treat, cure or prevent any disease. If you are suffering from a medical condition, pregnant, or nursing, please consult a medical physician before consuming Reliv products.





Reliv Now® with LunaRich®

Essential Daily Nutrition

Your health is worth more than a bulk multivitamin pill. You deserve Reliv Now. Made with Reliv's exclusive LunaRich and loaded with vitamins, minerals and super-powered antioxidants, Reliv Now is built on the latest findings in nutrition science. Its uniquely effective formula delivers a balanced array of the most advanced ingredients to give your body what it needs to thrive. Why settle for fine when you can feel great? Get your health up to speed with Reliv Now.



Soy much better! Patented LunaRich from Reliv is the only ingredient to fully harness the remarkable health-boosting power of the soy peptide lunasin, the first nutritional compound proven to work at the epigenetic level to promote optimal health.

Learn more: reliv.com/lunarich

Reliv Now® Nutritional Facts				
Serving Size: 1 Scoop (10.7 g) Serv	rings per Conta	ainer 60	
ре	r servin	g per100 g	% RENI	
Energy	25 kcal	233.64 kcal	**	
Total Fat	0.5 g	4.67 g	*	
Cholesterol	0 g	0 g	*	
Total Carbohydrates	3.4 g	31.78 g	*	
Dietary Fiber	1 g	9.35 g	*	
Sugars	2.1 g	19.63 g	*	
Protein	3.4 g	31.78 g	5%	
Vitamin A	1250 IU	11682.24 IU	68%	
	100 mg	934.58 mg	133%	
Vitamin D	200 IU	1869.16 IU	100%	
Vitamin E	17 IU	158.87 IU	100%	
Vitamin B1	1.5 mg	14.02 mg	125%	
Vitamin B2	1.9 mg	17.76 mg	146%	
Niacin	10 mg	93.46 mg	63%	
	00 mcg	1869.16 mcg	83%	
	.5 mcg	32.71 mcg	146%	
Vitamin B6	1.9 mg	17.76 mg	146%	
	50 mcg	1401.87 mcg	*	
Pantothenic Acid	10 mg	93.46 mg	*	
	560 mg	5233.64 mg	75%	
Iron	5 mg	46.73 mg	42%	
	250 mg	2336.45 mg	36%	
	75 mcg	700.93 mg	50%	
	100 mg	934.58 mg	43%	
Zinc	6 mg	56.07 mg	94%	
	25 mcg	233.64 mcg	81%	
Copper	1 mg	9.35 mg	*	
Manganese	1 mg	9.35 mg	43%	
	'.5 mcg	350.47 mcg	*	
Sodium	20 mg	186.92 mg	*	
	100 mg	934.58 mg		
* No established RENI (Recommended Ener ** Less than 2% RENI	gy and Nutrie	ent Intakes for 19-29 y	(0)	
Now Proprietary Herb Ble	nd	95 ma	888 mg	
. ,		(Juglans cinera)	ooo mg	
		ndrus crispus)		
	rlic (Allium sa			
	Bromelain (from pineapple stem - Ananas comosus)			
	Papain (Carica papaya)			
	zyme Blend			
Rose Hips (Rosa canina) Pyo	nogenol®			









Other Ingredients: Non-GMO Soy Blend with LunaRich® Soy Powder, Fructose, Calcium Carbonate, Dimagnesium Phosphate, Dicalcium Phosphate Brewers Yeast, Non-GMO Soy Lecithin (processing aid), Natural & Artificial Flavor, Ascorbic Acid. Potassium Chloride, Molybdenun Yeast, Calcium Pantothenate, Alpha Tocopheryl Acetate, Ferrous Fumarate, Niacinamide, Zinc Oxide, Copper Gluconate, Selenomethionine, Manganese Sulfate, Pyridoxine Hydrochloride Riboflavin, Thiamin Hydrochloride Vitamin A Palmitate, Folic Acid, Biotin, Potassium Iodine, Vitamin D3 and Vitamin B12, Contains permitted food conditioner and Contains food allergens: sov.

Reliv Now® sachet set (box of 40 sachets) Retail price: P2,640

Retail price: P2,640 Servings per set: 40 sachets Cost per serving: P66

Reliv Now® (mini-box of 10 sachets)

Retail price: P680 Servings per box: 10 Cost per serving: P68

LunaRich® Packs: A Great Place to Start

Reliv Now is your nutritional fuel; LunaRich X is your epigenetic accelerator (see next page for details). You get optimal health today and smart prevention for tomorrow.

Real Results: In a University of Missouri study the combination of Reliv Now and LunaRich X showed the potential to support weight loss, heart health and metabolic wellness.

Learn more: reliv.com/nowlrxstudy





One-month trial pack

- 3 mini boxes Reliv Now
- 1 LunaRichX 30
- 1 shaker cup
- P3,400











Starter Pack

One-month supply for two

- 2 cans Reliv Now
- 1 LunaRichX 120
- 1 shaker cup
- P11,340



Starter

Pack



Super Pack

Start your family's LunaRich program!

- 6 cans Reliv Now
- 3 LunaRichX 120
- 3 shaker cups
- P34,020

* Price inclusive of 12% VAT

* Price inclusive of 12% VAT

Reliv Now® (can)
Retail price: Php3,260

Servings per can: 60

Cost per serving: P54

LunaRich X[™] Lunasin Extract

The benefits of soy are well-established, and new research has identified the nutritional component largely responsible: lunasin, a naturally occurring soy peptide. LunaRich X is the most pure, concentrated form of lunasin ever produced. In addition to its own health benefits — from cholesterol reduction to overall cellular health — LunaRich X powers up the benefits you receive from other Reliv products. Multiply your good health by the power of X!



Consumer Information Panel				
A	lmount per capsule	per 100 g	% RENI	
LunaRich X™				
Non-GMO Soy Fiber	185 mg	59.7 g	*	
Proprietary Non-GN	ΛΟ Ο	_		
Soy Blend	125 mg	40.3 g	*	
Soy Protein Conce	ntrate	_		
Soy Isolate				
* No established RE	NI.			

other ingredients:
Hypromellose and purified water (vegetable capsule).
Contains food allergens: Soy.

K	
vegan	

luna rıch

glutenfree

(M) LALAL

Award Winner: LunaRich X was named the 2013 People's Choice for Best New Consumer Product by the American Business Awards

Multiply your good health by the power of X

Xtraordinary Discovery

Soy's health benefits are well-established. But only recently have scientists uncovered the nutritional component largely responsible. Studies now show the key is **lunasin**, a naturally occurring soy peptide.

Researchers at the University of California-Berkley (a US university) first discovered lunasin in 1996. Today **50+ peer-reviewed and published studies from 25+ research institutions** demonstrate lunasin's ability to improve your health, making it one of the most scientifically supported nutritional compounds available.

LunaRich X is the most pure, concentrated form of lunasin ever produced. You'd have to consume 25 grams of high-quality soy protein to get the same amount of bioactive lunasin found in one 125 mg capsule of LunaRich X. And documented benefits prove that it supports:

- · Heart health
- Inflammation reduction
- Improved immunity
- And the list keeps growing...
- Cholesterol management
- Antioxidants benefits
- Overall cellular health

Benefits Booster

In addition to its own benefits, the lunasin in LunaRich X increases the benefits of other bioactive nutrients (like those found in Reliv nutritional formulas) in two ways:

Synergism: Lunasin works in conjunction with other nutrients, each with its own effect on genes and physiological pathways. Many health problems are caused by multiple pathways and their interactions. If you disrupt these pathways with different bioactive nutrients, you can produce a more effective means of prevention.

Increased potency: Lunasin can also increase the potency or efficacy of other bioactive nutrients. For example, some nutrients are activators of important genes involved in maintaining health. Once these genes are activated, lunasin has the ability to further increase their expression by making them more readily recognized by the cell.

Nutrition at a Higher Level

Genome: The blueprint of life — the DNA that makes you who you are. All 200+ cell types in your body contain the same genome.

Epigenome: DNA packaging material that works as a series of genetic switches, signaling your genome which genes to turn on and off. Determines cell function (skin cells, liver cells, etc.), as well as how well each cell performs its function.

Lunasin: The first dietary ingredient identified to affect gene expression and promote optimal health at the epigenetic level. Now available in concentrated form in LunaRich X.

Bottom line: You can't change your DNA blueprint, but you can influence how that DNA expresses itself. LunaRich X can help.

LunaRich X[™] 120 capsules

Retail price: P4,840 Cost per capsule: P40 LunaRich X[™] 30 capsules

Retail price: P1,380 Cost per capsule: P46

* Price inclusive of 12% VAT

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Reliv Now® for Kids with LunaRich®

Choose from two delicious flavors: chocolate and vanilla



Give Them the Best Children have special nutritional needs. Growing bodies and developing minds need a full array of vitamins, minerals, protein and micronutrients to reach their full potential. It's time for Reliv Now for Kids!

Reliv Now® for Kids

Retail price: P1,900 Servings per can: 15 Cost per serving: P127

* Price inclusive of 12% VAT



Super-Powered Nutrition for Super-Powered Kids

Reliv Now for Kids gives you a powerful weapon in combating picky eaters and the ravages of today's processed and fast food diets. With Reliv's exclusive LunaRich®, essential vitamins, minerals and micronutrients necessary to keep growing bodies healthy, plus advanced ingredients to boost energy and mental performance, it's definitely much better than a vitamin pill.

DHA (docosahexaenoic acid)

Omega-3 fatty acid critical for development and function of the brain, eyes and central nervous system.

PS & PC

(phosphatidylserine & phosphatidylcholine - SerinAid 20P) support healthy cellular development, mental clarity, memory, learning and cognitive function.

Omega 3 fatty acids

help support mental development, improved learning ability and concentration.

Grape Seed Extract

protects against cell-destroying free radicals, increases blood flow to all areas of the body including the brain for improved alertness.

LunaRich®

a naturally ocurring soy peptide, nourishes and protects the body to maintain healthy cells.

Give your kids a head start on a healthy life with Reliv. Ideal for children ages 4 to 12.

Reliv Now® for Kids **Consumer Information Panel**

Serving Size: 1 Scoop (29g) Servings Per Container 15

Energy	100 kcal	345 kcal	7%
Total Fat	1 g	3 g	*
Cholesterol	0 g	0 g	*
Total Carbohydrates	19 g	66 g	*
Dietary Fiber	1 g	3 g	*
Sugar	14 g	48 g	*
Protein	5 g	17 g	13%
Vitamin A	1390 IU	4733 IU	104%
Vitamin C	45 mg	155 mg	150%
Vitamin D	5 mcg	17 mcg	100%
Vitamin E			
(as d,a-tocopheryl acetate)	6 mg	21 mg	100%
Niacin (B-3)	10 ma	34.5 ma	143%

(as d,a-tocopheryl acetate)	6 mg	21 mg	100%
Niacin (B-3)	10 mg	34.5 mg	143%
Vitamin K	19 mcg	66 mg	100%
Thiamin (vitamin B-1)	0.75 mg	2.6 mg	125%
Riboflavin (vitamin B-2)	0.85 mg	2.9 mg	142%
Folic Acid			
(eq. to 295.83 mcg DFE)	178 mcg	612 mcg	148%
Vitamin B-12	1.8 mcg	6.2 mcg	150%
Vitamin B-6	0.9 mg	3.1 mg	150%
D: 13	150	E 1 7	

VILAIIIIII D-O	0.9 mg	5.1 mg	150%
Biotin	150 mcg	517 mcg	*
Pantothenic Acid	5 mg	17 mg	*
Calcium	500 mg	1724 mg	91%
Iron	8 mg	28 mg	89%
Phosphorus	410 mg	1414 mg	82%
lodine	75 mcg	259 mcg	83%
Magnesium	75 mg	259 mg	99%
Zinc	5 mg	17 mg	93%
Selenium	22 mcg	76 mcg	100%
Copper	1 mg	3 mg	*
Manganoco	0 E ma	1.7 ma	2.40/-

Molybdenum

Sodium

Potassium

*No established RENI (RENI – Recommended Enery and Nutrient Intakes for 4-6 y/o) Now for Kids Proprietary Blend 535 mg 1845 mg SerinAid® 20P PhosphatidylSerine

50 mcg

172 mcg

90 mg 310 mg

145 mg 500 mg

Extract of Grape Seed (Vitis vinifera)

Omega 3 Fatty Acids (anchovy/sardine, soy lecithin, milk) PABA (Para-aminobenzoic acid) 15 mg 52.7 mg









Other Ingredients: Fructose, Soy Protein Isolate, LunaRich® Soy Powder, Maltodextrin, Cocoa, Dicalcium Phosphate, Natural and Artificial Flavor, Dimagnesium Phosphate, Sov Lecithin, Sodium Chloride, Xanthan Gum, Guar Gum, Calcium Carbonate, Ascorbic Acid, Molybdenum Yeast, Luo Han Guo (Momordica arosvenori). Ferrous Fumarate, Biotin, Natural Vitamin , Potassium Iodine, Calcium Pantothenate, Copper Gluconate, Vitamin A Palmitate, Zinc Oxide, Vitamin D3, Sodium Selenite, Vitamin K1, Manganese Sulfate, Pyridoxine HCL, Thiamin HCL,, Riboflavin, Folic Acid and Vitamin

Contains food allergens: fish, milk

Innergize!®

Available in two refreshing flavors: **orange and lemon**

Energy for your active lifestyle! Innergize! provides your body with the combination of vitamins, minerals and amino acids it needs to stay in top form. It's the perfect complement to your active lifestyle. With Innergize!, you can excel --- on or off the playing field!



Innergize!®

Servings per can: 30 Cost per serving: P56

* Price inclusive of 12% VAT

Performance Nutrition

Beyond Hydration

We know hydration is vital to athletic performance. Dehydration can lead to physical fatigue, muscle cramps and even impaired mental function.

Studies show the benefits of isotonic sports drinks go beyond simple hydration. In fact, the American College of Sports Medicine recommends a carbohydrate-based sports beverage throughout strenuous exercise to provide sustained power, replace energy and ensure rapid muscle recovery. Innergize!® performs better than water alone, replacing electrolytes and other nutrients lost during exercise.

Powerful Ingredients

Distinctive, advanced ingredients mean Innergize! stands out in a crowd of sports beverages.

ChromeMate[®]: plays a vital role in energy production, muscle development and metabolism.

OptiZinc®: helps repair muscle damage and speeds recovery after workouts while strenghtening your immune system.

L-Carnitine & L-Glutamine: helps burn fat, promote lean muscle development and transport fatty acids to release more energy.

Potassium & Sodium: support muscle exertion without cramping and perspiration without salt depletion.

While Innergize! is an excellent fluid replacement drink to use in sports and exercise, it is also a great tasting nutritional drink for use during normal and low activity periods. Innergize may also be combined with other Reliv products for added nutritional benefits.







Innergize!® **Consumer Information Panel**

Serving Size: 1 Scoop (19g) Servings per Container 30			
	per serving	per 100g	%RENI
Energy	70 kcal	368 kcal	3%
Total Fat	0 g	0 g	*
Cholesterol	0 mg	0 mg	*
Sodium	60 mg	263 mg	*
Potassium	65 mg	342 mg	*
Total Carbohydra	ites 17 g	89 g	*
Dietary Fiber	0 g	0 g	*
Sugars	14 g	74 g	*
Protein	0 g	0 g	**
Vitamin A	300 IU	1579 IU	6%
(100% as beta caroter	ie)		
Vitamin C	60 mg	316 mg	80%
Calcium	110 mg	578 mg	15%
Iron	.12 mg	.63 mg	*
Niacin	.4 mg	2.10 mg	2.50%
Magnesium	35 mg	184 mg	15%
Zinc	4 mg	21 mg	63%

* No established RENI (Recommended Energy and Nutrient Intakes for 19-29 y/o)

** Less than 2% RENI

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate Natural Flavor, Potassium Citrate, Sodium Chloride, Ascorbic Acid, Magnesium Oxide, Sunflower Oil (processing aid), L-Glutamine, Beta Carotene, L-Carnitine, Zinc, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

Contains permitted food conditioners and flavours.

FibRestore®

Balance, Restore, Revitalize



FibRestore®

Retail price: P2,940 Servings per can: 30 Cost per serving: P98

* Price inclusive of 12% VAT

With an exclusive blend of antioxidants, enzymes and herbs, FibRestore offers fantastic health benefits: more energy, a stronger immune system and a better way to face your day.



Digestive Health

Protect your body against the cell-damaging effects of free radicals and help lower your risk of certain types of disease with FibRestore.

How does it help?

- A patented vitamin and herbal supplement that provides the benefits of a high fiber diet, while protecting your body with potent antioxidants, Beta Carotene and Vitamins C and E.
- Loaded with 10 grams of soluble and insoluble fiber, each serving provides nearly a third of the daily fiber recommendation.
- Virtually fat-free, FibRestore aids digestion as soluble and insoluble fibers combine to gently restore and maintain regular bowel movement.
- Fiber helps keep energy up while it curbs hunger; a great companion to your weight loss program.
- Digestive enzymes papain and bromelain allow the body to supply more of the enzymes used by organs for daily health maintenance.
- Plus a special blend of 21 herbs and enzymes for added energy and improved well being.

FibRestore has a rich pineapple flavor and may be mixed with 8 ounces of water or juice or may be taken in combination with other Reliv products. We recommend 1 to 2 scoops per day.





Serving Size: 1 Scoop (14 g)	Servi	ngs per Cont	tainer 30
	per servin	g per 100 g	% RENI
Energy	20 kcal	142.8 kcal	**
Fat	0	0	*
Cholesterol	0	0	*
Total Carbohydrate	11 g	78.6 g	*
Dietary Fiber	10 g	71.4 g	*
Sugars	1.8 g	12.9 g	*
Protein	1 g	7.1 g	**
Vitamin A			
(100% as mixed carotenoids)	3500 IU	25000 IU	100%
Vitamin C	100 mg	714.3 mg	133%
Vitamin E	16 IU	114.3 IU	94%
Iron	.25 mg	1.8 mg	2%
Sodium	25 mg	178.5 mg	*
Oriental Ginseng (Panax ginseng) Garlic (Allium sativum) Capsicum Fruit (Capsicum frutesc			
Licorice Root (Glycyrrhiza glabra)			
Kelp (Ascophyllum nodosum)			
Rhubarb Root (Rheum officinale)	· ·		
Hibiscus Flower (Hibiscus sabdari Irish Moss (Chondrus crispus)	lfa)		
Siberian Ginseng (Eleutherococcu	ic conticocus)		
Aloe Vera (Aloe barbadensis)	is serificosus)		
Chicory Root (Cichorium intybus)			
Dandelion Root (Taraxacum offici	nale)		
Chamomile Flower (Matricaria rec			
Alfalfa Herb (Medicago sativa)	,		
Pearl Barley (Hordeum vulgare)			
Ginger Root (Zingiber officinale)			
Celery Seed (Apium graveolens)			
Sarsaparilla Root (Hemidesmus in			

Ingredients: Corn Bran, Gum Arabic, Fructose, Non-GMO Soy Fiber, Oat Fiber, Apple Fiber, Pea Fiber, Natural and Artificial Flavor, Non-GMO Soy Lecithin (processing aid), Inulin, Citrus Fiber, Natural Mixed Carotenoids, Carrageenan, Guar Gum (thickener), Xanthan Gum (thickener), Ascorbic Acid, Citric Acid (acidifier), Luo Han Guo Fruit Extract and Alpha Tocopheryl Acetate.

Contains food allergens: soy.

Arthaffect®

Get Moving with Healthy Joints



Arthaffect®

Retail price: P3,780 Servings per can: 30 Cost per serving: P126

* Price inclusive of 12% VAT

Dual Action Formula

More than simply a solution to a problem, Arthaffect also provides prevention for the future --- allowing you to maintain your healthy, active lifestyle.



Joint Health

Our joints are at the center of every move we make. But the wear and tear of an active lifestyle makes it difficult to maintain healthy joint function. Patented Arthaffect provides a breakthrough nutritional solution for lifelong joint health. The formula's 20+ ingredients work together to optimize joint performance, whether you're a world-class athlete or simply finding it harder to move freely as you age.

Arthaffect combines the best traditional Eastern herbal therapies with cutting-edge nutrients clinically proven to help repair and restore existing joint tissues:

Glucosamine

natural compound proven effective in rebuilding cartilage, protecting against joint deterioration and promoting healthy joint function; also stimulates production of collagen, a key component of the fibrous substance that holds joints together.

Arthred®

hydrologized collagen protein (HCP); consists of the same series of amino acids that form the framework of human cartilage and are required for its generation.

Boswellin

herb used in Eastern medicine to help with joint and muscle swelling.

Ashwagandha

herb that reduces inflammation and relieves discomfort.

Fortunately, science has discovered an array of nutrients that contribute to joint health. You could mix and match bottles of vitamin pills or you can get optimal levels of more than 20 powerful ingredients in one convenient, highly absorbable Arthaffect shake. No other joint performance formula comes close. **Bottom line:** Arthaffect works



US patent #**6,224,871**

Arthaffect® Nutritional Facts

Serving Size: 1 Scoop (8.5 g)	Servings Per Container 30		
	Per Serving	% RENI	
Calories	30	*	
Total Fat	0	*	
Cholesterol	0	*	
Total Carbohydrate	0	*	
Sugars	0	*	
Protein	7 g	10.44%	
Calcium	25 mg	3.3%	
Iron	0.25 mg	2.08%	

* No established RENI (Recommended Energy and Nutrient Intakes for 19-29 y/o)

Ingredients: Hydrolyzed Collagen, Milk Protein, Soy Lecithin (processing aid), Borage Oil Powder (from Starflower), Natural and Artificial Flavors, Echinacea Root, Sarsaparilla Root, Licorice Root, Kelp, Cat's Claw Bark, Burdock Root, Barley Grass, Alfalfa Powder, Ashwagandha, Curcumin, Ginkgo Biloba, Yucca Root, Bilberry Extract, Devil's Claw Root, Celery Seed Powder, Aloe Vera Powder, Cayenne Pepper, Black Pepper. Contains emulsifier as permitted conditioner and permitted flavoring substance.

Contains food allergens: soy and milk.

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ReversAge®

Anti-Aging



ReversAge®

Retail price: P5,800 Servings per can: 30 Cost per serving: P193

* Price inclusive of 12% VAT

Age gracefully with optimal nutrition

ReversAge, Reliv's herbal antioxidant supplement, with its innovative blend of ingredients, helps you feel more youthful and helps overcome those unwelcome changes that appear as years go by.



Restore from the inside-out

Complex Ingredients, Simple Solution

Now you can get better with age. With three proprietary complexes that address aging at every level, patented ReversAge delivers the most complete array of youth-promoting ingredients available anywhere at a fraction of the cost of alternative anti-aging treatments.

ReversAge incorporates three proprietary complexes to address aging at every level:

Longevity Complex

Symbiotropin®: combats hormonal decline by promoting the body's release of its own Human Growth Hormone.

GPC: optimizes mental focus, memory and brain repair.

SAM-e: supports mood and joint health

Antioxidant Complex

Co-Q10: supports overall healthy functioning throughout the body

Protykin®: contains more than 1,000 times the amount of the same antioxidant ingredient in red wine believed to reduce the effects of premature aging.

Herbal Complex

Ginkgo Biloba: supports cognitive function and increases blood circulation

Maca: improves energy levels, vigor and stamina.

Chlorella: helps carry oxygen throughout the body.

ReversAge® Consumer Information Panel

Serving Size: 1 Scoop (16 g	y) Serv	Servings Per Container 30		
	Per Serving	Per 100 g	% RENI	
Energy	50 kcal	312.50 kcal	2%	
Total Carbohydrates	13 g	81.25 g	*	
Sugars	5 g	31.25 g	*	
Sodium	10 mg	62.5 mg	*	
Potassium	35 mg	218.75 mg	*	

No established RENI (Recommended Energy and Nutrient Intakes for 19-20 y/o).

** Less than 2% RENI.

Proprietary Longevity Complex 1962 mg Symbiotropin® (L-Glutamine, L-Arginine L-Pyroglutamate, L-Lysine Hydrochloride, Glycine, Anterior Pituitary Peptides [porcine], Gamma Aminobutryic Acid [GABA], Alpha Glyceryl Phosphorylcholine), Fructooligosaccharides, Lactobacillus Acidophilus, Bifidobacterium Bifidum, Acetyl L-Carnitine, Bacopin® (bacopa monniera), Tri Methyl Glycine, Omega 3 fatty acids (anchovy/sardine, soy lecithin, milk), Forslean® (coleus forskohilii) and S-Adenosyl-L-Methionine.

Symbiotropin® is a registered trademark of Nutraceutics Corporation.

Forslean® and Bacopin® are registered trademarks of

Proprietary Antioxidant Complex 297.5 mg 1859 mg N-Acetyl Cysteine, Alpha Lipoic Acid, Setria® Glutathione, Protykin® (200:1 Polygonum cuspidatum extract [root]), Co Enzyme O 10

Protykin® is a registered trademark of InterHealth Nutraceuticals, Inc. Setria® is a registered trademark of KYOWA HAKKO BIO CO., LTD.

Proprietary Herbal Blend

218.8 mg 1367.5 mg Quercetin Dihydrate, Spirulina Plant Powder, Maca Tuber Powder, Wild Yam Root Extract, Chlorella Powder, Diosmin, Nettle Leaf Powder

Other Ingredients: Maltodextrin, Fructose, Citric Acid, Natural and Artifical Flavors, Non-GMO Soy Lecithin (processing aid), Xanthan Gum, Acesulfame Potassium, Potassium Citrate and DiPotassium Phosphate. Contains food allergins: fish, milk and sov.

Studies show that regular use of these key nutrients can have you feeling and looking younger with progressive improvement month after month.

Being young at heart means feeling your best from the inside out. *Feel young again with* ReversAge.

The Science Behind Reliv

Proven Leadership

Reliv's product development and manufacturing programs are headed by Vice Chairman and Chief Scientific Officer **Dr. Carl W. Hastings**. Part of Reliv since its founding in 1988, Dr. Hastings has spent nearly 40 years in food product research and development. His pioneering work has made him a world-renowned authority on soy-based nutrition, and his commitment to innovation has produced several U.S. patents for Reliv products.

At Reliv, we take nutrition science seriously.

Our foundational scientific philosophy --- the Reliv Difference --has proven to be a superior approach to supplementation. Every day, Reliv scientists combine advanced research, leading-edge manufacturing and laboratory technologies, and rigorous testing to create uniquely effective formulas.

You have already taken a vital first step in improving your health --- you have discovered Reliv. I encourage you to read through this catalog, consult your personal Reliv Distributor and create a supplement program that's right for you. We're here to help you every step of the way.

To your health,

Dr. Carl W. Hastings Reliv Vice Chairman & Chief Scientific Officer

2 easy steps to make a Reliv shake:





In a glass or shaker cup, pour 8 oz. cold water and add Reliv.





Shake or stir until the powder has dissolved.

Try this!



For a more refreshing treat:

Use a blender to prepare your Reliv shake. Add some ice and fruits or try using juice or milk instead of water.

Blend for less than a minute.

Reliv Shake Recipes

Try these delicious shake recipes for you and your family!



Pam's Lemonade By Pam Candido of Bacolod City

Ingredients:

1 scoop Lemon Innergize!® moringa leaves (malunggay) lemongrass, boiled in 250ml water 1 tablespoon honey ice cubes

Directions:

Combine all ingredients in a blender, set at medium speed and blend for 10 seconds. You can also mix all ingredients in a shaker cup and enjoy it anywhere you go!



Tropical Fruit Smoothie

Ingredients:

8 oz. orange juice 1 scoop FibRestore® ½ scoop Orange Innergize!® ½ cup non-fat plain yogurt 2-4 slices of pineapples ice cubes

Directions:

Put all ingredients in a blender. Blend for less than a minute. Transfer the smoothie in a tall glass and serve.



Great Way to Start the Day Shake By Cindy Carr of South Carolina, USA

Ingredients:

4 strawberries

1/2 banana 1 scoop FibRestore®

1 scoop Reliv Now®

1 scoop Orange Innergize!®

1 scoop frozen strawberry or vanilla yogurt skim milk

Start the healthy habit of taking 2 **Reliv shakes** a day!

Directions:

Blend until smooth... almost heaven!



Yummy Kiddie Smoothie

Ingredients:

1 scoop Reliv Now for Kids® vanilla or chocolate 1 tablespoon Nutella or peanut butter 1 sliced banana non-fat milk ice cubes

Directions:

Blend all ingredients for less than a minute Serve and enjoy!

NUTRITION YOU CAN TRUST

For more than 25 years, Reliv has stood for quality nutrition – and an uncompromising commitment to producing the safest, purest and most effective nutritional products available. In fact, our manufacturing standards exceed those of some of the strictest regulatory agencies in the world.

How do we do it? By following a meticulous process that comes off our line. When you open a Reliv product, you can rest assured that it contains exactly what is printed on the label and that it will deliver the most advanced nutrition available today.





STEP 1: SELECT INGREDIENTS

Reliv selects only the best ingredients based on the latest research. Every ingredient must come with a Certificate of Analysis documenting it has been independently tested and meets Reliv's industry-leading standards.



STEP 2: CONFIRM OUTSIDE TESTING

Reliv scientists independently verify our suppliers' analyses. Only when ingredients meet established standards do we release them to be used in Reliv formulas.



STEP 3: PREPARE FORMULA

Quality assurance specialists triple-check each batch for absolute accuracy.



STEP 4: RUN PRODUCTION

After technicians blend ingredients and test samples, line operators pull random cans for additional quality checks. State-of-the-art machinery verifies proper labeling, weight fills, can integrity, seal strength and product purity.



STEP 5: CONDUCT FINAL QUALITY CHECK

Reliv scientists conduct complete microbiological and ingredient testing --- the last step before product release.



STEP 6: SHIP PRODUCTS TO YOU

The most important part of the process --- you experience the health benefits and quality of life that come from optimal nutrition.



Council for Responsible Nutrition

Reliv is a long-standing member of the CRN, the leading rade association for dietary supplement manufacturers.



Good Manufacturing Practices

Reliv meets or exceeds all GMPs issued by the US Food and Drug Administration



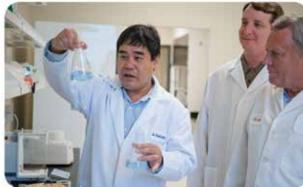
Australia Therapeutic Goods Administration

Reliv is certified by the Australian Government's TGA, one of the strictest regulatory agencies in the world.

When you open a Reliv product, you can rest assured that it contains exactly what's printed on the label and that it will deliver the most advanced nutrition available today.

- Brett Hastings, Senior Vice President and Chief Operating Officer









What is Reliv?

- Reliv is a developer, manufacturer and marketer of proprietary nutritional supplements. Reliv also offers an excellent business opportunity to people looking to start a business or wanting a second income.
- Reliv participates in two growing markets: nutritional supplements and direct selling
- Approximately 60,000 independent Distributors in 15 countries sell Reliv products.
- The company is based near St. Louis in Chesterfield, Missouri, USA and its products are sold in the United States, Canada, Mexico, United Kingdom, Ireland, Germany, Australia, New Zealand, Philippines, Malaysia, Singapore, Austria, the Netherlands and Indonesia.
- Reliv is a publicly traded company (NASDAQ: RELV) with annual sales of \$79 million
- Reliv was founded in 1988 by Robert and Sandy Montgomery with the mission to Nourish Our World in body, mind and spirit.

For people of all backgrounds who want to lead healthy, self-directed and meaningful lives, Reliv offers exceptionally effective nutritional products, a simple and profitable business opportunity and the chance to change lives and provide hope to people around the world.

Know more about Reliv: reliv.com.ph

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Take Control of Your Life With Reliv!

The same passionate commitment to quality and integrity behind Reliv's unique product line also drives every aspect of the Reliv business. Through a network of tens of thousands of independent Distributors worldwide, Reliv provides a lucrative opportunity for anyone looking to start their own business. And Reliv is so much more than just a business --- it's a lifestyle that puts you in control.

Connect with us!

Reliv Philippines

Website:

reliv.com.ph

Social Media:

Mobile App: RelivAP

Training Page:

relivanzblog.com

You decide your schedule so you can work your business around family and personal priorities.

You decide your income level based on the time and effort you're willing to invest.

You decide when and where you want to work and what you want to achieve.

Do you (or anyone you know) want to take a closer look at Reliv?

Ask the person who gave you this brochure for more details or call the Reliv office.



ORDERING IS EASY!



ORDER by either of the following:



CALL Domestic Toll Free order number: 1-800-10-7354874 Makati Head Office: (+632) 812-6889 loc. 111 /112 /113

> **CALL during office hours only:** Monday to Friday: 9:00AM - 6:00PM

PROVIDE the following details:

- Your complete name
- Reliv Control Number (RCN) for Reliv Distributors
- Name of your Reliv Distributor for Customers
- Contact Number
- Delivery Address

* AUTOSHIP your monthly

Contact Details



PAYMENT OPTIONS:



Cash

Credit Card

- Full Name on Card Expiry Date
- Credit Card Number
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- Banco de Oro Ayala Ave. Branch (Account #: 2088-0018-35)

BPI - Don Chino Roces Branch (Account #: 0091-0625-77)

ORDER

Place your orders anytime of the day!

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- ► ONLINE: www.reliv.com.ph



DELIVERY:



Please allot 2-3 working days.

FREE shipping and handling!

NOTE:

Make sure to fax / email or Viber a copy of the bank deposit receipt to Reliv as proof of payment.