



# Product Catalogue

Reliv Singapore

# Feel Great Every Day!

Plain and simple, most of us don't eat right. Inadequate nutrition can leave you feeling tired and depressed. Even marginal shortages of essential nutrients may render you less able to resist everyday exposure to viruses and infection, create fatigue, and slow down your rate of recovery.



## Are You at Risk?

With evidence growing on the link between poor diet and chronic diseases such as cancer, heart disease, diabetes and many more, combined with our cultural affinity for processed and fast food, snacks and convenience meals, the risks can only increase.

## What's the Answer?

Reliv's nutritional supplements can help make the difference in your life. We combine cutting-edge technology with the finest quality ingredients to create health-enhancing products that provide nutritional support for optimal performance every day.

## Cutting Through The Clutter!

Although you appreciate the benefits of nutritional supplementation, trying to choose between hundreds of bottles of vitamins and herbs can leave your head spinning. How do you know what you need? How much? Can you mix them? Can you afford so many different bottles?

Reliv takes the guesswork out of nutrition by providing all the balanced nutrients you need in easy-to-use, economical formulas. From daily essential nutrition to targeted formulas for special needs, Reliv products are the perfect nutritional support to help you look good and perform at your best!



## Reliv Delivers Results

Why do Reliv's premium nutritional formulas work when other supplements don't? We call it the **Reliv Difference**.

**Bioavailability.** The body can only use nutrients that it can readily absorb. Reliv's shakes provide the body instant access to the nutrients they contain, providing greater benefit from each serving.

**Synergism.** Many vitamins and minerals only perform at their best when combined with other nutrients. This is called synergism, and it's the foundation behind every Reliv formulation.

**Optimal Nutrition.** Reliv goes beyond minimum daily requirements to follow the standard of optimal nutrition, with higher levels of key nutrients to promote good health and well-being.

**Guaranteed Quality Ingredients.** Our ingredients come from the most reputable suppliers and undergo rigorous testing at each step in the manufacturing process. And because we own our manufacturing facility, we are able to ensure product purity and potency in every can — guaranteed.



Reliv products provide much more than the individual nutrients listed on the label — **Reliv delivers results.**



*Statements have not been evaluated by the Bureau of Food & Drug Administration (BFAD). Reliv products are not intended to diagnose, treat, cure or prevent any disease. If you are suffering from a medical condition, pregnant, or nursing, please consult a medical physician before consuming Reliv products.*

# The Science Behind Reliv

## Proven Leadership

Reliv's product development and manufacturing programs are headed by Vice Chairman and Chief Scientific Officer **Dr. Carl W. Hastings**. Part of Reliv since its founding in 1988, Dr. Hastings has spent nearly 40 years in food product research and development. His pioneering work has made him a world-renowned authority on soy-based nutrition, and his commitment to innovation has produced several U.S. patents for Reliv products.



At Reliv, we take nutrition science seriously.

Our foundational scientific philosophy — the **Reliv Difference** — has proven to be a superior approach to supplementation. Every day, Reliv scientists combine advanced research, leading-edge manufacturing and laboratory technologies, and rigorous testing to create uniquely effective formulas.

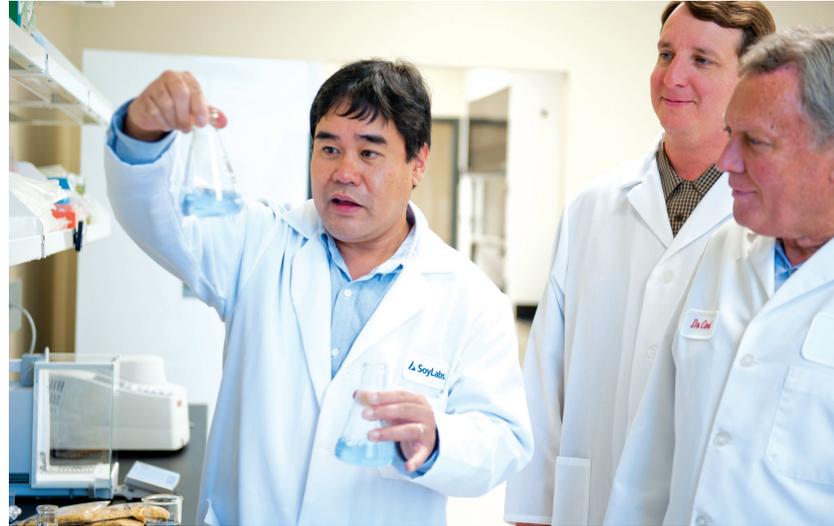
You have already taken a vital first step in improving your health — you have discovered Reliv. I encourage you to read through this catalog, consult your personal Reliv Distributor and create a supplement program that's right for you. We're here to help you every step of the way.

To your health,

**Dr. Carl W. Hastings**  
Reliv Vice Chairman & Chief Scientific Officer

## The People Behind the Science

Reliv International is the first company to partner with the Missouri Plant Science Center (MPSC) — a shared facility where researchers work alongside business and industry experts to bring ingredient innovation from the laboratory and consumer. The partnership allows Reliv greater access to the latest soy research and together with **Dr. Alfredo Galvez** has already resulted in a breakthrough new healthy soy power, LunaRich®.



luna  
rich®

### LunaRich®: Super Soy

LunaRich is the most advanced soy product on the market today — and it's only available from Reliv.

Research shows a naturally occurring peptide called **lunasin** that is responsible for many of soy's remarkable health benefits. Reliv's exclusive LunaRich soy powder delivers more bioactive lunasin — often many times more — than any other soy powder available.

LunaRich is made from non-GMO soybean varieties with the highest concentration of lunasin and manufactured through a propriety mechanical process (vs. chemical) that maintains the bioactivity of the lunasin, maximizing its proven benefits:

- Cholesterol management
  - Inflammation reduction
  - Antioxidant benefits
  - Improved immunity
  - Overall cellular health
- And the list keeps growing...

# Essential Nutrition

## The Right Nutrients in the Right Combination

Taking control of your health shouldn't be complicated. But these days giving your body what it needs to thrive isn't always easy.

We know what we're supposed to eat, but who's got time for five servings of fruits and vegetables every day? Many of us rely instead on convenience foods made from refined flour and sugar, loaded with trans fat and significantly lacking in any real nutritional value. And even when we do eat right, research suggests we're still not getting the nutrients we need for optimal health.

The results: sluggishness, poor sleep patterns, reduced ability to fight infection, slow healing and excess weight gain, among others. Most of us are simply not enjoying the quality of life we should be.

Fortunately, there's an answer. Reliv's essential nutrition formulas, provide a complete range of essential daily nutrients with just two shakes a day. Gone is the guessing game of mixing and matching bottles of vitamins. Reliv is nutrition made simple.



# Nutrient Comparison

## Food Compared to Reliv Now

To demonstrate, 1 serving (2 scoops) of Reliv Now® with LunaRich is equivalent to:

Vitamin B16	20 cups of raw brussel sprouts	
Vitamin 12	54 x 100g chicken breast	
Thiamin (B1)	6 1/2 cups of raw peas	
Vitamin E	2 cups of almonds	
Niacin	27 cups of green beans	
Vitamin C	6 3/4 oranges	
Riboflavin	2 litres fresh milk	
Magnesium	10 cups raw chopped broccoli	
Folate	12 beef steaks	

## Feeling great starts with great nutrition!

Reliv Now with LunaRich: RM 2.95



Cappuccino: RM 4



Ice-cream: RM 4



These are just a handful of examples to demonstrate the amount you would have to eat in order to get the same levels of just some of the nutrients in Reliv Now with LunaRich®.

## 2 easy steps to make a Reliv shake:

Step 1



Pour 8 ounces of cold water, a scoop of Reliv in a shaker cup or glass.

Step 2



Close the lid tightly and shake it up or stir until the powder has dissolved.

Try This



For a more refreshing treat:

Use a blender to prepare your Reliv shake. Add some ice and fruits or try using juice or milk instead of water.

Blend for less than a minute.



## Reliv Now® with LunaRich®

Reliv Now delivers a powerful, synergistic array of nutrients designed to bridge the nutritional gap created by on-the-go lifestyles. Featuring the nutritional advantages of non-GMO whole soybean powder, which retains all of the phytonutrients, isoflavones and antioxidants that give soy its natural health-promoting power. Reliv Now is also fortified with Pycnogenol®, a super-powered antioxidant and LunaRich™, a breakthrough soy powder which contains five to ten times the bioactive lunasin of ordinary soy powders.

**Soy good for you!** Soy, the foundational ingredient in Reliv Now and Reliv Classic, has been shown to promote cardiovascular health, bone and muscle strength, immunity and weight loss, among many other benefits. Learn more: [relivasiapacific.com.sg/soy-supplements](http://relivasiapacific.com.sg/soy-supplements)

## Reliv Classic®

With Classic, you'll be providing your body with the combination of nutrients it needs to operate at maximum efficiency. You'll feel the difference that proper nutrition can make. Unlike single supplements which may not work properly in the absence of other vital nutrients, Classic provides nutritional balance and contains the following:

- Significant amounts of every vitamin and mineral recommended by health experts as part of a daily diet.
- A combination of vitamins, minerals, and proteins.
- An herbal complex which provides essential phytonutrients.
- 7 grams of soy in each serving.
- This formula is vegetarian, Halal certified, ideal for those with lactose intolerance, contains no animal compounds, low fat and no artificial preservatives.
- Plain flavour

Reliv Now® Consumer Information Panel		
Serving Size: 1 Scoop (10.7g)	Servings per Container 56	
	per serving	per 100 g
Energy	25 kcal	232 kcal
Total Fat	0.5 g	5 g
Cholesterol	0 g	0 g
Total Carbohydrates	3.4 g	32 g
Dietary Fiber	1 g	9 g
Sugars	2.1 g	19 g
Protein	3.4 g	32 g
Vitamin A	1250 IU	11606 IU
Vitamin C	240 mg	2228 mg
Vitamin D	200 IU	1857 IU
Vitamin E	30 IU	279 IU
Vitamin B1	1.5 mg	14 mg
Vitamin B2	2 mg	19 mg
Niacin	10 mg	93 mg
Vitamin B6	2 mg	19 mg
Folic Acid	200 mcg	1857 mcg
Vitamin B12	9 mcg	84 mcg
Biotin	150 mcg	1393 mcg
Pantothenic Acid	10 mg	93 mg
Calcium	560 mg	5200 mg
Iron	5 mg	46 mg
Phosphorus	250 mg	2321 mg
Iodine	75 mcg	696 mcg
Magnesium	100 mg	929 mg
Zinc	8 mg	74 mg
Sodium	20 mg	186 mg
Now Proprietary Herb Blend	95 mg	882 mg
L-Methionine	Bromelain (Ananas comosus)	
Licorice Root (Glycyrrhiza glabra)	Papain (Carica papaya)	
Garlic (Allium sativum)	Rutin (Ruta graveolens)	
Rhubarb Root (Pheum officinale)	Butternut Bark (Juglans cinera)	
Rose Hips (Rose canina)	Irish Moss (Chondrus crispus)	
Cayenne (Capsium annum)	Enzyme Blend	
Kelp (Ascophyllum nodosum)	Pycnogenol®	

Other Ingredients:  
Non-GMO Soy Blend with LunaRich™ Soy Powder, Calcium Carbonate, Fructose, Brewers Yeast, Dicalcium Phosphate, Ascorbic Acid, Dimagnesium Phosphate, Non-GMO Soy Lecithin, Natural & Artificial Flavor, Alpha Tocopheryl Acetate, Potassium Chloride, Molybdenum Yeast, Biotin, Ferrous Fumarate, Calcium Pantothenate, Niacinamide, Copper Gluconate, OptiZinc® Brand of Zinc Monomethionine, Manganese Sulfate, Pyridoxine Hydrochloride, Riboflavin, Vitamin D3, Thiamin Hydrochloride, Vitamin B12, Potassium Iodide, Vitamin A Palmitate, Folic Acid, Selenomethionine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate. Contains permitted food conditioner and flavors.



Reliv Classic® Consumer Information Panel		
Serving Size: 1 Scoop (9.2g)	Servings per Container 56	
	per serving	per 100 g
Energy	22.5 kcal	244.6 kcal
Total Fat	0.75 g	8.2 g
Cholesterol	0 g	0 g
Total Carbohydrates	1.5 g	16.3 g
Dietary Fiber	1.0 g	10.9 g
Sugars	0 g	0 g
Protein	3.5 g	38.0 g
Vitamin A	1250 IU	13587 IU
Vitamin C	240 mg	2609 mg
Vitamin D	200 IU	2174 IU
Vitamin E	30 IU	26.1 IU
Vitamin B1	1.5 mg	16.3 mg
Vitamin B2	2 mg	21.7 mg
Niacin	10 mg	108.7 mg
Vitamin B6	2 mg	21.7 mg
Folate	200 mcg	2174 mcg
Vitamin B12	9 mcg	97.8 mcg
Biotin	150 mcg	1630 mcg
Pantothenic Acid	10 mg	108.7 mg
Calcium	500 mg	5435 mg
Iron	5 mg	54.3 mg
Phosphorus	200 mg	2174 mg
Iodine	75 mcg	815.2 mcg
Magnesium	100 mg	1087 mg
Zinc	8 mg	87 mg
Sodium	10 mg	108.7 mg
Classic Proprietary Herb Blend	92.5 mg	1005 mg
L-Methionine	Bromelain (Ananas comosus)	
Licorice Root (Glycyrrhiza glabra)	Papain (Carica papaya)	
Garlic (Allium sativum)	Rutin (Ruta graveolens)	
Rhubarb Root (Pheum officinale)	Butternut Bark (Juglans cinera)	
Rose Hips (Rose canina)	Irish Moss (Chondrus crispus)	
Cayenne (Capsium annum)	n-Zimes® and isolate®	
Kelp (Ascophyllum nodosum)		

Other Ingredients:  
Non-GMO Soy Blend, Calcium Carbonate, Brewers Yeast, Fructose, Dicalcium Phosphate, Ascorbic Acid, Dimagnesium Phosphate, Soy Lecithin, Inulin, Natural and Artificial Flavor, Potassium Chloride, Alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, OptiZinc® Brand of Zinc Monomethionine, Ferrous Fumarate, Riboflavin, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Copper Gluconate, Manganese Sulfate, Vitamin A Palmitate, Potassium Iodide, Molybdenum Yeast, Selenomethionine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Vitamin D3. Contains permitted food conditioner and flavours.



## Fibrestore®

Balance, Restore, Revitalise

antioxidants • enzymes • herbs

With an exclusive blend of antioxidants, enzymes and herbs FibRestore is much more than a fibre powder.

### How much fibre should we eat?

Experts in World Health Organisation recommend an intake of at least 30 grams of fibre per day. In today's modern diet, we might receive as little as 10 grams of fibre per day.

Eating adequate fibre each day helps manage or may prevent:

- bowel disorders
- bowel cancer
- type 2 diabetes
- cardiovascular disease
- weight gain

*\*FibRestore has a tasty pineapple flavor and may be mixed with 8 ounces of water or juice or may be taken in combination with other Reliv products. We recommend 1 to 2 scoops per day.*

Protect your body against the cell-damaging effects of free radicals and help lower your risk of certain types of disease with FibRestore.

### How does it help?

- A patented vitamin and herbal supplement that provides the benefits of a high fibre diet, while protecting your body with potent antioxidants, Beta Carotene and Vitamins C and E.
- Virtually fat-free, FibRestore aids digestion as soluble and insoluble fibres combine to gently restore and maintain regularity.
- Fibre helps keep energy up while it curbs hunger; a great companion to your weight loss program.
- Digestive enzymes Papain and Bromelain allow the body to supply more of the enzymes used by organs for daily health maintenance.

FibRestore® Consumer Information Panel		
Serving Size: 1 Scoop (14g)	Servings per Container 28	
	per serving	per 100 g
Energy	10 kcal	71 kcal
Total Fat	0 g	
Cholesterol	0 g	
Total Carbohydrates	11 g	78.6 g
Dietary Fiber	10 g	71.4 g
Sugars	1 g	
Protein	1 g	7.1 g
Vitamin A (100% as mixed carotenoids)	3500 IU	25000 IU
Vitamin C	350 mg	2500 mg
Vitamin E	200 IU	1428.6 IU
Iron	.12 mg	.89 IU
Sodium	10 mg	71.4 mg
<b>Fibrestore Proprietary Herb Blend</b>	<b>154 mg</b>	<b>1100 mg</b>
Oriental Ginseng (Panax ginseng)		
Capsium Fruit (Capsium frutescens)		
Hibiscus Flower (Hibiscus sabdariffa)		
Siberian Ginseng (Eleutherococcus senticosus)		
L-Methionine		
Aloe Vera (Aloe barbadensis)		
Chicory Root (Cichorium intybus)		
Dandelion Root (Taraxacum officinale)		
Chamomile Flower (Matricaria nobilis)		
Alfalfa Herb (Medicago sativa)		
Pearl Barley (Hordeum vulgare)		
Ginger Root (Zingiber officinale)		
Celery Seed (Apium graveolens)		
Sarsaparilla Root (Hemidesmus indicus)		
Passion Flower (Passiflora incarnata)		
Licorice Root (Glycyrrhiza glabra)		
Garlic (Allium sativum)		
Rhubarb Root (Rheum officinale)		
Foenugreek Seed (Trigonella foenum graecum)		
Cayenne (Capsium annuum)		
Kelp (Ascophyllum nodosum)		
Bromelain (Ananas comosus)		
Papain (Carica papaya)		
Irish Moss (Chondrus crispus)		

Other Ingredients: Corn Bran, Gum Arabic, Non-GMO Soy Fibre, Fructose, Oat Fibre, Apple Fibre, Pea Fibre, Ascorbic Acid, Alpha Tocopheryl Acetate, Natural and Artificial Flavour, Non-GMO Soy Lecithin, Citrus Fibre, Natural Mixed Carotenoids, Carregeenan, Guar Gum, Xanthan Gum, Inulin, Luo Han Guo Fruit Extract, Citric Acid.



## What does 30 grams of fibre look like?

8 apples



or 12 potatoes



or 1½ loaves of bread



or 30 prunes



or 30 cups of corn flakes





Fortunately, science has discovered an array of nutrients that contribute to joint health. You can get optimal levels of more than 20 powerful ingredients in one convenient, highly absorbable Arthafect® shake. No other joint performance formula comes close. **Bottom line: Arthafect works.**

## Arthafect®

Get Moving with Healthy Joints

### Dual Action Formula

More than simply a solution to a problem, Arthafect also provides prevention for the future — allowing you to maintain your healthy, active lifestyle.

Patented Arthafect combines the best traditional Eastern herbal therapies with cutting-edge nutrients clinically proven to help repair and restore existing joint tissues.

### Glucosamine

Natural compound proven effective in rebuilding cartilage, protecting against joint deterioration and promoting healthy joint function; also stimulates production of collagen, a key component of the fibrous substance that holds joints together.

### Arthred®

Hydrologized collagen protein (HCP); consists of the same series of amino acids that form the framework of human cartilage and are required for its generation.

### Boswellin

Herb used in Eastern medicine to help with joint and muscle swelling.

### Ashwagandha

Herb that reduces inflammation and relieves discomfort.

Arthafect® Consumer Information Panel		
Serving Size: 1 Scoop (8.5 g)	Servings per Container 30	
	per serving	per 100 g
Calories	30	353
Total Fat	0	0
Cholesterol	0	0
Total Carbohydrates	0	0
Sugars	0	0
Protein	7 g	82.4 g
Calcium	6 mg	70.6 mg
Iron	0.25 mg	3 mg
Arthred® (hydrolyzed collagen)	7 g	82.4 g
Glucosamine Hydrochloride	270 mg	3176.5 mg
Bioiperine® (Piper nigrum extract)	5 mg	58.8 mg
Arthafect Proprietary Blend	988 mg	11623.5 mg
Borage Oil Powder		
Ashwagandha (Withania somnifera)		
Ginkgo Biloba Leaves (Salburia adiantifolia)		
Boswellin (Boswellia serrata)		
Tumeric Root (Curcuma longa)		
Cat's Claw Bark (Uncaria tomentosa)		
Burdock Root (Arctium lappa)		
Barley Grass (Hordeum vulgare)		
Echinacea Root (Echinacea purpurea)		
Yucca Root (Yucca schidigera)		
Capsium Fruit (Capsium frutescens)		
Aloe Vera (Aloe barbadensis)		
Alfalfa Herb (Medicago sativa)		
Celery Seed (Apium graveolens)		
Sarsaparilla Root (Hemidesmus indicus)		
Licorice Root (Glycyrrhiza glabra)		
Kelp (Ascophyllum nodosum)		
Bilberry Fruit (Vaccinium myrtillus)		
Devil's Claw Root (Harpagophytum)		

Other Ingredients: Natural and Artificial Flavours, Non-GMO Soy Lecithin, Contains permitted food conditioner and flavours.





## Nutriversal®

Restore From the Inside Out

*Immune support, hormone restoration,  
antioxidant protection, herbal revitalizers*

— **Nutriversal has it all!**

### Complex Ingredients, Simple Solution

The age-defying, restorative formula of Nutriversal supports the body's production of key hormones that tend to decline with age. Antioxidants help slow the aging process within the body's cells while bioflavonoids help protect and enhance overall wellness. Nutriversal incorporates three proprietary complexes to address aging at every level:

#### Longevity Complex

**GPC:** optimizes mental focus, memory and brain repair.

**SAM-e:** supports mood and joint health.

#### Antioxidant Complex

**Co-Q10:** supports overall healthy functioning throughout the body.

#### Herbal Complex

**Ginkgo Biloba:** supports cognitive function and increases blood circulation.

**Maca:** improves energy levels, vigor and stamina.

**Chlorella:** helps carry oxygen throughout the body.

Nutriversal® Consumer Information		
Each container provides 28 days supply, when used as recommended.		
Serving Size: 1 Scoop (16 g)	per serving	per 100 g
Energy	58 kcal	362.5 kcal
Carbohydrate	13 g	81.25 g
Protein	1.7 g	10.6 g
Fat	0 g	0 g
Acetyl L-Carnitine	100.00 mg	625 mg
Coenzyme Q10	7.50 mg	47 mg
d-alpha lipoic acid	50.00 mg	312.5 mg
Fish oil - natural	37.36 mg	233.5 mg
Ginkgo biloba leaf (Salsburia adiantifolia)	31.25 mg	195 mg
Urtica dioica (Nettle) leaf	31.25 mg	195 mg
Selenium (from Selenomethionine)	25 mcg	156 mcg
Vaccinium myrtilloides (Blueberry) leaf extract	50.00 mg	312.5 mg
Prunus domestica (Plum) leaf extract	13.20 mg	82.5 mg
Camellia sinensis (Green tea) leaf extract	40.00 mg	250 mg
Bacopa monnieri (Water hyssop) leaf extract	100.00 mg	625 mg
Coleus forskohlii (Coleus) root extract	50.00 mg	312.5 mg
Lactobacillus acidophilus	50.00 mg	312.5 mg
Bifidobacterium bifidum	50.00 mg	312.5 mg
Chlorella vulgaris (Chlorella) powder	75.10 mg	469 mg
Malus domestica (Apple) fruit extract	50.00 mg	312.5 mg
Spirulina platensis (Spirulina) powder	54.40 mg	340 mg

In a base containing: Maltodextrin, Fructose, Soy Protein Isolate, Citric Acid, Inulin, Natural and Artificial Flavours, Soy Lecithin, Honey and Sucralose. Contains acidity regulator as permitted food conditioner and flavours.





## Innergize!®

For Your Active Lifestyle

**Energy for your active lifestyle!** *Innergize! provides your body with the combination of vitamins, minerals and amino acids it needs to stay in top form. It's the perfect complement to your active lifestyle. With Innergize!, you can excel — on or off the playing field!*

### Beyond Hydration

We know hydration is vital to athletic performance. Dehydration can lead to physical fatigue, muscle cramps and even impaired mental function.

### Powerful Ingredients

Distinctive, advanced ingredients mean Innergize! stands out in a crowd of sports beverages.

**ChromeMate®:** plays a vital role in energy production, muscle development and metabolism.

**OptiZinc®:** helps repair muscle damage and speed recovery after workouts while strengthening your immune system.

**L-Carnitine & L-Glutamine:** helps burn fat, promote lean muscle development and transport fatty acids to release more energy.

**Potassium & Sodium:** support muscle exertion without cramping and perspiration without salt depletion.



Innergize!® Consumer Information Panel		
Serving Size: 1 Scoop (19 g)	Servings per Container 28	
	per serving	per 100 g
Energy	70 kcal	368 kcal
Total Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Sodium	50 mg	260 mg
Potassium	60 mg	315 mg
Total Carbohydrates	17 g	89 g
Dietary Fiber	0 g	0 g
Sugars	14 g	74 g
Protein	0 g	0 g
Vitamin A (100% as beta carotene)	300 IU	1579 IU
Vitamin C	60 mg	316 mg
Calcium	100 mg	526 mg
Iron	.2 mg	1.05 mg
Niacin	.4 mg	2.10 mg
Magnesium	40 mg	210 mg
Zinc	4 mg	21 mg

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Beta Carotene, Potassium Citrate, Sodium Chloride, Ascorbic Acid, Magnesium Oxide, Sunflower Oil, L-Glutamine, OptiZinc® Brand of Zinc Monomethionine, L-Carnitine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate. Contains permitted food conditioners and flavours.

\*Available in two refreshing flavours: orange and lemon





# LunaRich X™ Capsules

Optimal Health

## Nutrition at a Higher Level

The most concentrated form of bioactive lunasin available anywhere. Soy's health benefits are well-established. But only recently have scientists uncovered the nutritional component largely responsible. Studies now show the key is lunasin, a naturally occurring soy peptide.

Researchers at the University of California-Berkley first discovered lunasin in 1996. Today 50+ peer-reviewed and published studies from 25+ research institutions demonstrate lunasin's ability to improve your health, making it one of the most scientifically supported nutritional compounds available.

LunaRich X™ is the most pure, concentrated form of lunasin ever produced. You'd have to consume 25 grams of high-quality soy protein to get the same amount of bioactive lunasin found in one 125 mg capsule of LunaRich X. And documented benefits prove that it supports:

- Heart health
- Cholesterol management
- Inflammation reduction
- Antioxidant benefits
- Improved immunity
- Overall cellular health
- And the list keeps growing...

## Benefits Booster

In addition to its own benefits, the lunasin in LunaRich X increases the benefits of other bioactive nutrients (like those found in Reliv nutritional formulas) in two ways:

### Synergism:

Lunasin works in conjunction with other nutrients, each with its own effect on genes and physiological pathways. Many health problems are caused by multiple pathways and their interactions. If you disrupt these pathways with different bioactive nutrients, you can produce a more effective means of prevention.

### Increased potency:

Lunasin can also increase the potency or efficacy of other bioactive nutrients. For example, some nutrients are activators of important genes involved in maintaining health. Once these genes are activated, lunasin has the ability to further increase their expression by making them more readily recognized by the cell.

LunaRich X™ Consumer Information Panel		
Serving Size: 1 Capsule	Servings per Container 30	
	per	%DV
	servings	
LunaRich X™ (Soy Bioactive Lunasin Peptide*)	125 mg	*

\* Daily Value not established.

Other Ingredients: Soy Fibre and Natural Vegetable Capsule contains hypromellose and purified water.



# Take Control of Your Life With Reliv!

The same passionate commitment to quality and integrity behind Reliv's unique product line also drives every aspect of the Reliv business. Through a network of tens of thousands of independent Distributors worldwide, Reliv provides a lucrative opportunity for anyone looking to start their own business. And Reliv is so much more than just a business — it's a lifestyle that puts you in control.

Do you or anyone you know want to take a closer look at Reliv?

Ask the person who gave you this brochure for more details or call the Reliv office.



**You decide your schedule**

so you can work your business around family and personal priorities.

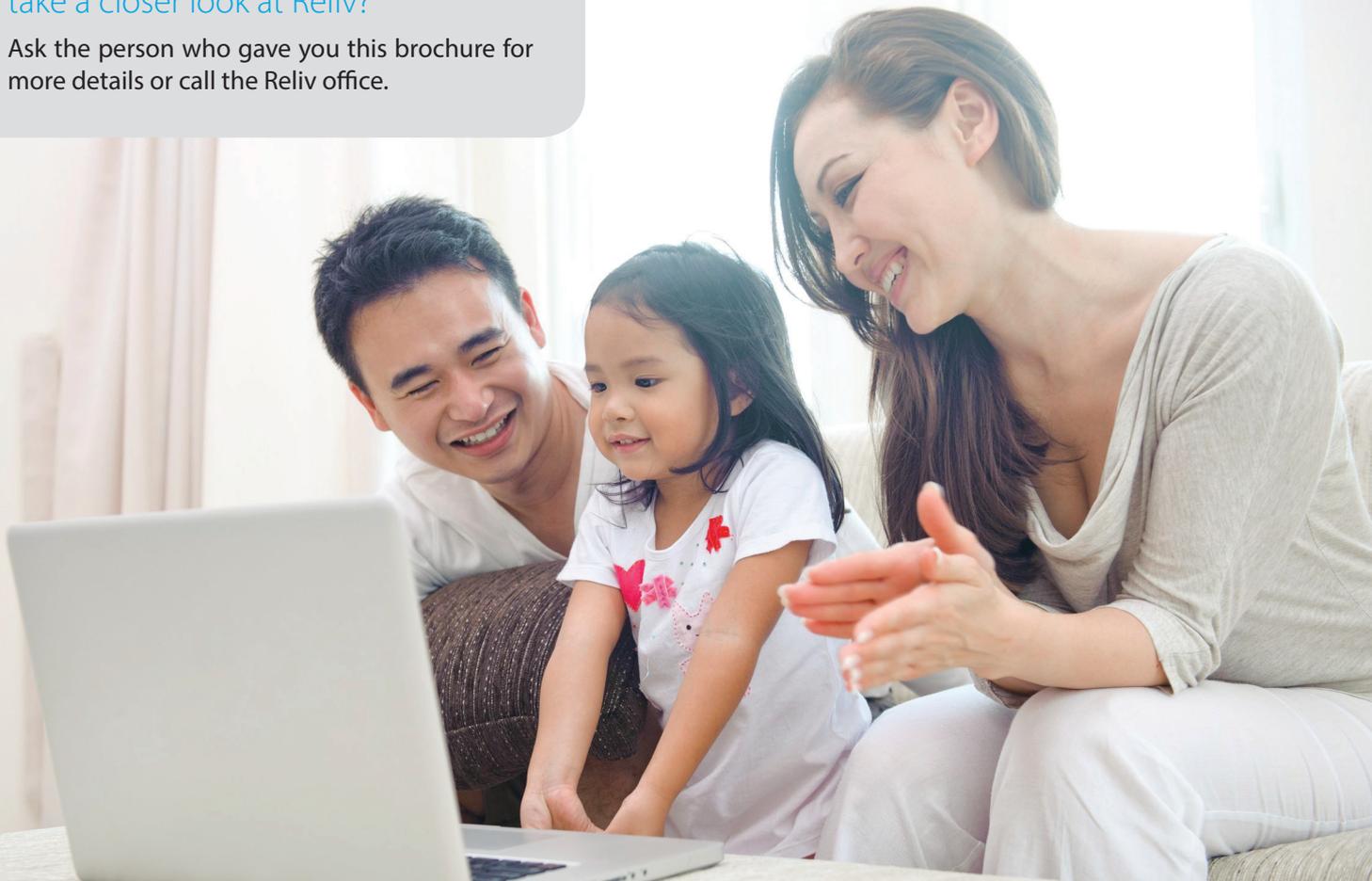


**You decide your income level**

based on the time and effort you're willing to invest.



**You decide when and where you want to work** and what you want to achieve.



# ORDERING IS EASY!

## STEP 1

**ORDER** by either of the following:

**CALL** Reliv Office: (+603) 5638 8788  
(Monday-Friday: 10:00AM - 7:00PM)  
(Saturday: 10:00AM - 5:00PM)



**PROVIDE** the following details:

- Your complete name
- Reliv Control Number (RCN) - *for Reliv Distributors*
- Name of your Reliv Distributor - *for Customers*
- Contact Number
- Delivery Address

## STEP 2

**PAYMENT OPTIONS:**



- Cash
- Credit Card
  - Full Name on Card
  - Expiry Date
  - Credit Card Number
  - Contact Details
- Online or Bank Deposit to: **Reliv Singapore Pte Ltd**

**United Overseas Bank** - Account Number: 431-300-471-0  
*Make sure to fax or email a copy of the bank deposit receipt to Reliv as proof of payment.*

## STEP 3

**DELIVERY:**

Please allot 2-3 working days.



# ORDER 24/7

Place your orders  
anytime of the day!

**FAX:**  
(+603) 5613 5788

**E-MAIL:**  
sgorders@relivinc.com

**SHOP ONLINE:**  
[www.relivasiapacific.com.sg/all-shopping](http://www.relivasiapacific.com.sg/all-shopping)

# Reliv International Offices

## **Reliv Philippines, Inc.**

Ground Floor, DPC Place Building  
2322 Don Chino Roces Ave., Makati City 1231

- Tel: +632 812 6889
- Fax: +632 856 6345

## **Reliv International Sdn Bhd**

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