



FAQ's

- **WHO is Eligible to register?**
 - Each participant must either be a Distributor and/or guest of a Distributor
 - High School age and older
- **HOW many will be traveling in our group?**
 - Groups will consist of a maximum of 10 travelers + RKF staff.
- **WHAT time of year will a trip be scheduled?**
 - February/March
- **ARE there specific travel conditions in Haiti to help me consider this trip?**
 - Haiti's second largest city, Cap-Haitien, has a tropical climate with temperatures in the mid to high 80's, with high humidity levels. The temperatures usually average in the low 70's at night. Note that the hotel is air-conditioned.
 - Although Haiti's road conditions continue to improve, we will be visiting areas where there will be considerable walking in uneven terrain that would be a challenge to someone with mobility limitations.
- **EXPENSES include?**
 - All-inclusive Land Travel Package ~ 6 days - \$1800.00
(A conference call will be scheduled to provide additional information, including airline ticketing recommendations.)
 - One night's hotel stay & meal allowance in Miami
 - Hotel/Meals/Transportation in Cap Haitien
 - All-inclusive prices do not include any extra expenses incurred upon return to Miami. (This would include any additional night's stay and/or meals if you are unable to secure a connecting flight to your hometown.)
- **IS my payment to the Kalogris Foundation a tax deductible donation to the Foundation?**
 - Your payment is not considered a donation but rather the cost of your hotel, meals and transportation. The Foundation will not include this trip payment in the annual year-end tax letter provided to you by the Foundation. You may wish to consult your own tax advisor.

See the Change \$1800/person A typical See The Change Schedule	
Day 1	<ul style="list-style-type: none"> • Fly to Florida • Dinner
Day 2	<ul style="list-style-type: none"> • Breakfast & Orientation Meeting • Fly to Cap Haitien • Visit RKF nutrition site • Dinner
Day 3	<ul style="list-style-type: none"> • Breakfast • Service Project @ nutrition site/Bag Lunch • Dinner
Day 4	<ul style="list-style-type: none"> • Breakfast • Citadelle la Ferriere & Sans Souci Palace • Lunch • Tourist Market • Cathedral Notre Dame de Cap Haitien • Dinner
Day 5	<ul style="list-style-type: none"> • Breakfast • Visit 2 nutrition sites • Visit Clinic • Lunch with Dr. Manno • Nutrition site visit • Dinner
Day 6	<ul style="list-style-type: none"> • Breakfast • Visit nutrition site • Early Afternoon depart Haiti • Late Afternoon arrive Miami

An extraordinary fortress built to repel a feared French invasion, the Citadelle la Ferrière sits atop a mountain peak, a World Heritage-listed monument to independence. Typical of 1800's construction, the fortress has multiple levels connected by stone stairways. The uneven cobblestone entrances and floors add character and challenge to the visit. The rugged mountain itself, is a strenuous 1.5 mile hike. On a clear day, you can see all the way to the Cap Haitien harbor, about 35 miles away. In the America's, perhaps only Machu Picchu compares to its setting and grandeur. At its foot are the ruins of Sans Souci, a baroque Versailles in the tropics that feels like something from an Indiana Jones movie.



Citadelle la Ferriere

Sans Souci

