



daily nutrition



Reliv Now® Nutritional Information

Servings Per Container 30
Serving Size: 18.76 g

	Per Serving (18.76 g)	Per 100 g
Energy	230 kJ 55 cal	1225.9 kJ 293.2 cal
Protein	7 g	37.3 g
Fat	1 g	5.3 g
Saturated Fat	0 g	0 g
Carbohydrates	5 g	26.7 g
Sugars	2 g	10.7 g
Fibre	1 g	5.3 g
Sodium	100 mg	533.0 mg
Potassium	150 mg	799.5 mg
Vitamins		
Vitamin A	750 mcg	3997.5 mcg
Vitamin B1	3 mg	16.0 mg
Riboflavin	4 mcg	21.3 mg
Vitamin B12	18 mcg	95.9 mcg
Niacinamide	20 mg	106.6 mg
Vitamin C	480 mg	2558.4 mg
Vitamin D	10 mcg	53.3 mcg
Vitamin B6	4 mg	21.3 mg
Vitamin E	40.3 mg	214.8 mg
Folic Acid	400 mcg	2100 mcg
Pantothenic Acid	20 mg	106.6 mg
Biotin	300 mcg	1599.0 mcg
Minerals		
Calcium	1000 mg	5330.0 mg
Iodine	150 mcg	799.5 mcg
Iron	10 mg	53.3 mg
Phosphorus	800 mg	4264.0 mg
Magnesium	200 mg	1066.0 mg
Zinc	16 mg	85.3 mg
Copper	2 mg	10.7 mg
Selenium	50 mcg	266.5 mcg
Molybdenum	75 mcg	399.8 mcg
Chromium	50 mcg	266.5 mcg
Manganese	2 mg	10.7 mg

Ingredients: Non-GMO Soy Blend with LunaRich® Soy Powder, Dicalcium Phosphate, Fructose, Magnesium Phosphate, Calcium Carbonate, Ascorbic Acid, Brewer's Yeast, Natural & Artificial Flavour, Non-GMO Soy Lecithin, Sodium Chloride, d-Alpha Tocopheryl Acetate, Potassium Chloride, OptiZinc® Brand of Zinc Monomethionine, LunaRich® X Proprietary Non-GMO Soy Blend, Rebiana (stevia leaf extract), Inulin, Biotin, Molybdenum Yeast, L-Methionine, Calcium Pantothenate, Ferrous Fumarate, Niacinamide, Rosa canina (fruit) (Rose hips), Rutin (Sophora Japonica), Copper Gluconate, Vitamin A Palmitate, Ascophyllum Nodosum whole plant (Kelp), Capsicum annum fruit (Cayenne), Selenomethionine, Glycyrrhiza glabra root (Licorice), Rheum Officinale root (Rhubarb), Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Vitamin D3, Thiamin Hydrochloride, Enzyme Blend, Papain (papaya fruit), Bromelain (pineapple stem), Vitamin B12, Pinus pinaster stem bark ext. dry conc. (Pycnogenol®), Allium Sativum bulb (Garlic), Potassium Iodine, Chondrus Crispus whole plant (Irish Moss), Juglans Cinerea Stem bark (Butternut), Folic Acid, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.