



# reshape

creamy  
vanilla  
shake

Nutritional Meal Replacement

**NO APPROVED THERAPEUTIC CLAIMS**

### Reliv® ReShape Nutrition Facts

SERVINGS PER CONTAINER: 20 SERVING SIZE: 24g

	PER SERVING (24g)	PER 100g
Energy	431 kJ (103 cal)	1795.3 kJ (429.1 cal)
Protein	6 g	25.0 g
Fat	3.8 g	15.8 g
Saturated Fat	0.85 g	3.54 g
Carbohydrates	11.3 g	46.9 g
Sugars	7.7 g	31.9 g
Fiber	0.75 g	3.1 g
Linoleic Acid (polyunsaturated fatty acids)	0.15 g	0.6 g
Sodium	54.2 mg	225.8 mg
Potassium	186 mg	775.1 mg
<b>VITAMINS</b>		
	<b>% RNI</b>	
Vitamin A	20	118.8 mcg 494.9 mcg
Vitamin B1	25	0.28 mg 1.1 mg
Riboflavin	25	0.43 mg 1.8 mg
Vitamin B12	25	0.5 mcg 2.1 mcg
Niacinamide	25	2.5 mg 10.4 mg
Vitamin C	25	10.0 mg 41.7 mg
Vitamin D	25	2.1 mcg 8.7 mcg
Vitamin B6	25	0.40 mg 1.7 mg
Vitamin E	25	2.5 mg 10.4 mg
Folic Acid	25	0.05 mg 0.2 mg
Pantothenic Acid (d-calcium pantothenate)	9	0.40 mg 1.7 mg
Biotin	9	2.5 mcg 10.4 mcg
Vitamin K	25	20.0 mcg 83.3 mcg
<b>MINERALS</b>		
Calcium	25	210.0 mg 874.9 mg
Iodine	25	34 mcg 141.4 mcg
Iron	20	1.6 mg 6.6 mg
Phosphorus	20	205.0 mg 854.0 mg
Magnesium	25	80.0 mg 333.3 mg
Zinc	20	2.4 mg 10.0 mg
Copper	6.5	0.14 mg 0.6 mg
Selenium	13	8.1 mcg 33.7 mcg
Molybdenum	9	19.7 mcg 82.0 mcg
Chromium	9	15.7 mcg 65.6 mcg
Manganese	9	0.37 mg 1.5 mg

**INGREDIENTS** Fructose, Non-dairy creamer (milk), Non-GMO Soy Protein Isolate, Non-GMO Soy Powder, Natural & Artificial Flavor, Inulin, Non-GMO Soy Lecithin (processing aid), Citrus Aurantium (Advantra Z®) and Beet Powder. Vitamins: Ascorbic Acid, d-Alpha Tocopheryl Acetate, Niacinamide, Vitamin K, Vitamin A Palmitate, Vitamin D3, Pyridoxine Hydrochloride, Folic Acid, Riboflavin, Thiamin Hydrochloride, Calcium Pantothenate, Biotin and Vitamin B12. Minerals: Dimagnesium Phosphate, Dicalcium Phosphate, Potassium Chloride, Sodium Chloride, Zinc Methionine, Ferrous Fumarate, Potassium Iodide, Sodium Molybdate, Manganese Sulfate, Copper Gluconate, Sodium Selenite and Chromium Polynicotinate.

Allergens: Soy and Milk

