



weight loss

## Nutrition Facts

Servings Per Container 15  
**Serving Size: 1 Scoop (26.38 g)**

| Amount per Serving                      |            |
|---|------------|
| <b>Calories</b>                         | <b>100</b> |
| % Daily Value*                          |            |
| <b>Total Fat</b> 0.5g                   | 1%         |
| <b>Sodium</b> 170mg                     | 7%         |
| <b>Total Carbohydrate</b> 6g            | 2%         |
| Dietary Fiber 3g                        | 11%        |
| Total Sugars 2g                         |            |
| Includes 1g Added Sugars                | 2%         |
| <b>Protein</b> 15g                      |            |
| Vitamin D 2.5mcg                        | 15%        |
| Calcium 120mg                           | 10%        |
| Iron 4.5mg                              | 25%        |
| Potassium 160mg                         | 4%         |
| Vitamin A 380mcg                        | 40%        |
| Vitamin C 15mg                          | 15%        |
| Vitamin E 5mg                           | 35%        |
| Vitamin K 15mcg                         | 15%        |
| Thiamin 0.38mg                          | 30%        |
| Riboflavin 0.43mg                       | 35%        |
| Niacin 5mg                              | 30%        |
| Vitamin B <sub>6</sub> 0.5mg            | 30%        |
| Folate 170mcg DFE<br>(100mg folic acid) | 45%        |
| Vitamin B <sub>12</sub> 1.5mcg          | 60%        |
| Biotin 75mcg                            | 250%       |
| Pantothenic Acid 2.5mg                  | 50%        |
| Phosphorus 230mg                        | 20%        |
| Iodine 38mcg                            | 25%        |
| Magnesium 60mg                          | 15%        |
| Zinc 3.8mg                              | 35%        |
| Selenium 25mcg                          | 45%        |
| Copper 0.6mg                            | 70%        |
| Manganese 0.25mg                        | 10%        |
| Chromium 25mcg                          | 70%        |
| Molybdenum 25mcg                        | 60%        |

Not a significant source of saturated fat, trans fat and cholesterol.

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Other Ingredients:** Non-GMO Soy Blend, Corn Fiber, Fructose, Natural and Artificial Flavor, Dimagnesium Phosphate, Non-GMO Soy Lecithin, L-Citrulline, Creatine Monohydrate, Beta Alanine, Sodium Chloride, Rebiana (stevia leaf extract), Guar Gum, Xanthan Gum, Sustamine® (L-Alanyl-L-Glutamine), CherryPure® Tart Cherry (fruit) Powder, L-Carnitine, LunaRich X™ Proprietary Non-GMO Soy Blend, Turmeric (root), Dicalcium Phosphate, Ascorbic Acid, OptiZinc® Brand of Zinc Monomethionine, Ferrous Fumarate, d-Alpha Tocopherol Acetate, Niacinamide, Para-Aminobenzoic Acid, Calcium Pantothenate, Copper Gluconate, Vitamin A Palmitate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Riboflavin, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenite, Potassium Iodine, Vitamin K (as Phytonadione), Beet (root), Vitamin D3 (as Cholecalciferol), Vitamin B12 (as Cyanocobalamin) and Maritime Pine (bark) Extract (Pycnogenol®). **CONTAINS: SOY**



glutenfree



dairyfree

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