



core nutrition

Supplement Facts

Serving Size: 1 Scoop (29.00 g)
Servings Per Container 15

	Amount per Serving	% Daily Value
Calories	90	
Total Fat	1 g	1%*
Total Carbohydrate	18 g	7%*
Total Sugars	15 g	**
Includes 15g Added Sugars		30%*
Protein	5 g	
Vitamin A	750 mcg	83%
Vitamin C	135 mg	150%
Vitamin D	5 mcg	25%
Vitamin E	46 mg	307%
Vitamin K	30 mcg	25%
Thiamin	0.8 mg	67%
Riboflavin	0.9 mg	69%
Niacin	10 mg	63%
Vitamin B6	1 mg	59%
Folate	340 mcg DFE (200 mcg folic acid)	85%
Vitamin B12	3 mcg	125%
Biotin	150 mcg	500%
Pantothenic Acid	5 mg	100%
Calcium	570 mg	44%
Iron	9 mg	50%
Phosphorus	190 mg	15%
Iodine	75 mcg	50%
Magnesium	120 mg	29%
Zinc	7.5 mg	68%
Selenium	50 mcg	91%
Copper	1 mg	111%
Manganese	0.5 mg	22%
Chromium	50 mcg	143%
Molybdenum	50 mcg	111%
Sodium	90 mg	4%
Now for Kids Proprietary Blend	408 mg	**
Omega 3 Fatty Acids (from anchovy/sardine, soy lecithin, milk)	**	**
Phosphatidylserine (from soy bean)		**
Phosphatidylcholine		**
Grape (seed) Extract		**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Other Ingredients: Fructose, Non-GMO Soy Blend with LunaRich® Soy Powder, Cocoa, Calcium Carbonate, Dimagnesium Phosphate, Natural & Artificial Flavor, Inulin, Non-GMO Soy Lecithin, Ascorbic Acid, Sodium Chloride, Alpha Tocopheryl Acetate (source of Vitamin E), Dicalcium Phosphate, Xanthan Gum, Guar Gum, LunaRich® X Soy Extract, Rebiana (stevia leaf extract), OptiZinc® Zinc Monomethionine, Ferrous Fumarate, Biotin, Vitamin A Palmitate, Niacinamide, PABA, Calcium Pantothenate, Copper Gluconate, Vitamin K, Vitamin D3, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Sodium Selenite, Thiamine Hydrochloride, Potassium Iodide, ChromeMate® Chromium Polynicotinate, Vitamin B12, Folic Acid and Sodium Molybdate. **CONTAINS: SOY, MILK AND FISH (ANCHOVY AND SARDINE)**

