



performance

## Supplement Facts

Serving Size: 1 Scoop (26 g)

Servings Per Container 15

Amount per Serving % Daily Value		
Calories	100	
Total Fat	1.5 g	2%†
Total Carbohydrate	8 g	3%†
Total Sugars	5 g	**
Includes 5g Added Sugars		10%
Protein	13 g	
Sodium	85 mg	4%
<b>ProVantage Proprietary Amino Acid Blend</b>	694 mg	**
L-Leucine		**
L-Glutamine		**
L-Arginine Base		**
L-Lysine HCl		**
L-Alanine		**
Glycine		**
L-Ornithine Alpha Ketoglutarate		**
<b>ProVantage Performance Proprietary Blend</b>	1.22 g	**
Creatine Monohydrate		**
Medium Chain Triglycerides		**
Phosphatidylserine (soy)		**
Phosphatidylcholine		**
L-Carnitine		**
Grape (seed) Extract		**
Conjugated Linoleic Acid (Tonalin® CLA)		**
Coenzyme Q 10		**
Black Pepper (fruit) Extract (Bioperine®)		**
Alpha-Lipoic Acid		**

†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

**Other Ingredients:** Non-GMO Soy Blend with LunaRich® Soy Powder, Fructose, Natural and Artificial Flavors, Non-GMO Soy Lecithin, Rebiana (stevia leaf extract) and LunaRich® X Proprietary Non-GMO Soy Blend. **CONTAINS: SOY.**

