



**FOR IMMEDIATE RELEASE**

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### **Reliv International Sponsors Free Girlfriends' Getaway Event**

DAYTON, Ohio (July 11) - - Reliv International is hosting a Girlfriends' Getaway to empower women with free workouts, protein shakes, motivational speakers and experienced entrepreneurs. The event will take place at the Sycamore Creek Country Club Friday, Aug. 24, 7:00 p.m. to 9:00 p.m. and Saturday, Aug. 25, 8:00 a.m. to 4:00 p.m.

Event speakers include nutrition and fitness expert Tina Van Horn, nurse and entrepreneur Karen Pinnock, Olympic Hopeful Josh Fleagle, author of "Bundle of Hope" and "12 Ways to Have a Meaningful & Stress-Free Christmas," Kimberly Burns and more.

"As women we spend all day taking care of other people. Now is the time to treat yourself! This event was created to build women up and help them find balance with work, wellness and family," said Van Horn. "Here at Reliv we know how hard life can be and are determined to make moms' lives easier."

The Girlfriends' Getaway event is meant for women to take a break and find themselves again through motivational presentations from strong moms and business women. Admission to this event is free and open to the public. For more information, visit [relivgirlfriendsgetaway.com](http://relivgirlfriendsgetaway.com).

#### **About Reliv International, Inc.**

Reliv International, based in Chesterfield, MO, produces nutritional supplements that promote optimal nutrition. Reliv supplements address [core nutrition](#) and [targeted solutions](#). Reliv is the exclusive provider of [LunaRich® products](#), which optimize levels of lunasin, a soy peptide that works at the epigenetic level to promote optimal health. The company sells its products through an international network marketing system of independent distributors in 13 countries. Learn more about Reliv at [reliv.com](http://reliv.com), or on [Facebook](#), [Twitter](#) or [Instagram](#).